

Stručna edukacijsko- rehabilitacijska podrška u obitelji

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Odgovarajući na potrebe obitelji djece s teškoćama u razvoju predškolske dobi Centar za rehabilitaciju Zagreb (CRZ), podružnica Slobodština 1, je 1980-e godine započeo sa programom stručne podrške u obitelji koji kontinuirano provodi do danas bilježeći stalan rast broja uključene djece.

Trenutno je u program stručne edukacijsko-rehabilitacijske podrške u obitelji uključeno 124 obitelji djece s teškoćama u razvoju (TUR), a provodi ga 13 edukacijskih rehabilitatora na području Grada Zagreba.

Glavne odrednice edukacijsko rehabilitacijskog rada s djecom u njihovom domu počivaju na transdisciplinarnosti, usmjerenosti na obitelj te suradnji sa svim stručnjacima uključenima u rad s djetetom kroz program cjelovitog poticanja razvoja u prirodnom okruženju.

Dugoročni i kratkoročni ciljevi u radu određuju se na temelju procjene djetetovih sposobnosti na području spoznaje, komunikacije, motoričkog razvoja, samostalnosti u svakodnevnim vještinama te socio-emocionalnog razvoja kroz suradnički odnos s roditeljima, pri čemu se uzima u obzir ono što roditelji smatraju prioritetom s obzirom na obiteljske i kulturološke specifičnosti. Naglasak u radu je na sustavnom poticanju djetetovog razvoja te osnaživanju roditelja kroz savjetovanje, podršku i edukaciju.

Edukacijsko rehabilitacijski rad u obiteljskom domu djeteta omogućuje uvid u okruženje u kojem dijete odrasta te usvajanje razvojnih ciljeva u svakodnevnim prirodnim situacijama.

Vrijednosti programa doprinosi činjenica da se provodi do djetetovog polaska u školu pružajući podršku obiteljima i u stresnim periodima tranzicije.

Kao začetnici usluge stručne podrške u obitelji koju CRZ provodi već 42 godine, ovim izlaganjem želimo prikazati način rada u obitelji, njegovu vrijednost kao i izazove s kojima se u radu susrećemo.

Ključne riječi: Djeca s teškoćama u razvoju, edukacijska rehabilitacija, obitelj, stručna podrška

Responding to the needs of families of children with developmental disabilities of preschool age, Center for Rehabilitation Zagreb (CRZ), branch Slobodština 1, started its program of professional support within families in the 1980s, which it continues to carry out until now, recording a steady increase in the number of children involved.

Currently, 124 families of children with developmental disabilities are included in the program of professional educational and rehabilitation support in their homes, and it is implemented by 13 educational rehabilitators in the area of the City of Zagreb.

The main determinants of educational rehabilitation work with children in their home are based on transdisciplinary, the focus is on the family and cooperation with all experts involved in

working with the child through a program of comprehensive development stimulation in the child's natural environment.

In order to determine long-term and short-term goals, an assessment of the child's abilities in the field of cognition, communication, motor development, independence in everyday skills and socio-emotional development is carried out through a collaborative relationship with parents, taking into account what parents consider a priority in regard to family and cultural specifics.

Emphasis in the work is on systematically encouraging the child's development and empowering parents through counseling, support and education.

Educational rehabilitation work in the child's family home enables an insight into the environment in which the child grows up and the acquisition of developmental goals in everyday natural situations. The value of the program contributes to the fact that it is carried out until the child starts school, providing support to the family even in stressful periods of transition. As the organization of the professional support service within families that CRZ has been providing for 42 years, with this presentation we wish to present the way of working in the family's, its value as well as the challenges we face in our work.

Keywords: children with developmental disabilities, educational rehabilitation, family, professional