Upper blepharoplasty – what can go wrong

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The aim of the presentation is to indicate the management of complications following upper blepharoplasty in the early, intermediate and late postoperative period. Materials and methods used for the preparation of the presentation derive from PubMed, Google Scholar, Scopus, available Internet guidelines and the author's personal archive. Complications during the first postoperative week include corneal abrasions, epiphora, ocular discomfort as minor and retrobulbar hemorrhage or an ocular injury as vision-threatening. The intermediate period (1st through 6th week) refer to upper and lower eyelid malpositions, overcorrections and strabismus. Late complications (after 6th week) include changes in eyelid height and contour, scarring and persistent edema. Conclusion: Complications of the upper blepharoplasty are infrequent, most often minor and transient, however may affect vision. Treatment is above all preventive with screening of “at risk” patients in whom the procedure would be contraindicated.

Key words: upper, blepharoplasty, complications, scar