

Improving safe transfer techniques for caregivers in today's ageing society

Unapređivanje tehnika sigurnog transfera za pružatelje skrbi u starećem društvu

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According to Eurostat data, in 2022, 21.1% of the EU-28 population was older than 65 years. The population of the EU-28 will continue to age. As the population structure changes, European countries will face two challenges: rising costs of care for the elderly and a shortage of health workers to provide care to all those who need help. This scenario highlights the need for solutions that can reduce costs, reduce the burden on healthcare and social care workers (both professional civil servants and private care providers), and offer effective assistance to those in need. The significance of the education and application of safe transfer techniques stems from the fact that people with impaired physical function need help during activities of daily life, such as performing transfers from bed to chair, etc. Therefore, the goals of education in safe transfer techniques are multiple: to expand and develop the competencies of educators involved in teaching healthcare workers, increasing applicability and transferability from training/classroom to everyday work, focusing on safety and rehabilitation approach for the patient in a transfer situation, implementation of assisted living technologies to reduce injuries at work. The application of safe transfers can have a long-term effect on patient safety, reducing the outflow of people involved in the care of people with mobility difficulties, reducing injuries at work, and improving education and the working environment in the health and social care sectors. At the same time, with the growing number of the population requiring help in care, there are also difficulties in hiring health workers. Health workers who are involved in providing care during their work are exposed to physical effort, as a result of such physically demanding activities, many health workers suffer from back pain, exhaustion, or even injuries at work. Improving the education of healthcare workers and people involved in care in safe transfer techniques aims to make their working environment safer for users as well as for caregivers. The aim of this work is to present the international's project's outcomes in safe transfer techniques. Eurostat, Population structure and ageing. (pristupljeno 28.5.2023) https://ec.europa.eu/eurostat/statistics-explained/index.php?title=Population_structure_and_ageing Safe Transfer Techniques. (pristupljeno 15.4.2023) <https://velfaerdsteknologi.aarhus.dk/vores-opgaver/internationale-projekter/safe-transfer-techniq>