

Abstract

## Two Case Presentations with Unexpected Outcomes after Childhood Trauma

Marta Okružnik Želalić <sup>1</sup>, Sven Želalić <sup>2</sup>

<sup>1</sup>General hospital „Dr. Andelko Višić“; Bjelovar, Croatia

<sup>2</sup>Clinical Hospital Merkur, Zagreb, Croatia

Contact: marta.okruznik@gmail.com

Bowlby developed a theory of attachment that he describes as an enduring emotional bond between human beings, manifested by seeking closeness to a caregiver, especially in situations of discomfort. Children adjust their behavior to prevent separation from a primary attachment figure – someone who provides support, protection and care. Attachment theory provides a favorable foundation for understanding our two cases and their developmental pathways. It is about two women who experienced separation from their parents at an early age, and their grandmothers were important figures in their upbringing – with different outcomes. Many studies talk about the impact of traumatic events in childhood on the child's biological, psychological and social development. That is why the importance of early intervention which includes different treatment modalities is emphasized.

**Keywords:** case report, attachment theory, childhood trauma

Sažetak

## Dva prikaza slučaja s neočekivanim ishodima nakon traume u djetinjstvu

Marta Okružnik Želalić<sup>1</sup>, Sven Želalić<sup>1</sup>

<sup>1</sup>Opća bolnica „Dr. Andelko Višić“; Bjelovar, Hrvatska

<sup>2</sup> Klinička bolnica Merkur

Kontakt: marta.okruznik@gmail.com

Bowlby je razvio teoriju privrženosti koju opisuje kao trajnu emocionalnu vezu između ljudskih bića, koja se manifestira traženjem blizine skrbnika, posebno u situacijama neugode. Djeca prilagođavaju svoje ponašanje kako bi sprječila odvajanje od primarne figure privrženosti - nekoga tko pruža podršku, zaštitu i brigu. Teorija privrženosti pruža povoljan temelj za razumijevanje naša dva slučaja i njihove razvojne putove. Radi se o dvije ženske osobe koje su doživjele odvajanje od roditelja u ranoj dobi te su bake bile važne figure u odgoju – s različitim ishodima. Mnoga istraživanja govore o utjecaju traumatskih događaja u djetinjstvu na djetetov biološki, psihološki i socijalni razvoj. Zato se naglašava važnost rane intervencije koja uključuje različite modalitete liječenja.

**Ključne riječi:** prikaz slučaja, teorija privrženosti, trauma u djetinjstvu