




Fear of truth is fear of ignorance: a case report

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Introduction: Holter ECG is a method of detecting bradycardia and tachycardia heart rhythm disorders.¹ This paper will present the case of a patient with intermittent AV block who is a professional driver.

Case report: N.N., male, aged 60, who hid his ailments until he was persuaded to submit to diagnostic treatment, which established the seriousness of the case itself and indicated the urgent implantation of an electrostimulator. Through the conversation after the first diagnostic test, we found out that the patient had been suffering for a long time, but he attributed his problems in the form of dizziness, general weakness, and on a couple of occasions loss of consciousness to having a "bad day", lack of fluid intake, and simply took it as a passing phase he has to keep to himself since he is a professional driver. The ailments he had did not cause him as much of a concern, as he was more concerned about keeping his driver's license. Upon persuasion, a holter ECG was performed, which determined AV block Mobitz II (2:1) in the awake state with a low frequency. The patient was referred to the Emergency Department, and admission to the department was arranged due to the indication for the **implantation** of an electrostimulator.

Conclusion: Cardiogenic syncope can lead to serious consequences, especially if it happens in specific, professional job, as in this case. Professional driving requires complete concentration on oneself and one's surroundings. It is important to emphasize that educating and informing the patient himself is crucial when establishing a diagnosis so that similar things are not covered up and thus endanger their own health and that of others.

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LITERATURE

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