

Predictors of residual shunt following patent foramen ovale closure: insights from University Hospital Centre Zagreb

OAntun Zvonimir Kovač¹*,

©Kristina Marić Bešić^{1,2},

Denis Došen¹,

DVlatka Rešković Lukšić¹,

©Sandra Jakšić Jurinjak^{1,2},

©Irena Ivanac Vranešić¹,

Doško Bulum^{1,2}

¹University Hospital Centre Zagreb, Zagreb, Croatia ²University of Zagreb, School of Medicine, Zagreb, Croatia $\textbf{KEYWORDS:} \ patent formen \ ovale \ closure, \ residual \ shunt, \ transthoracic \ echocardiography \ bubble \ test.$

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*ADDRESS FOR CORRESPONDENCE: Antun Zvonimir Kovač, Klinički bolnički centar Zagreb, Kišpatićeva 12, HR-10000 Zagreb, Croatia. / Phone: +385992924808 / E-mail: azkovac@gmail.com

ORCID: Antun Zvonimir Kovač, https://orcid.org/0000-0001-6276-4450 • Kristina Marić Bešić, https://orcid.org/0000-0002-4004-7271 Denis Došen, https://orcid.org/0000-0003-3490-5505 • Vlatka Rešković Lukšić, https://orcid.org/0000-0002-4721-3236 Sandra Jakšić Jurinjak, https://orcid.org/0000-0002-7349-6137 • Irena Ivanac Vranešić, https://orcid.org/0000-0002-6910-9720 Joško Bulum, https://orcid.org/0000-0002-1482-6503

Introduction: Recent studies report that the incidence of residual shunting after patent foramen ovale (PFO) closure ranges from 10% to 30%. Several factors have been proposed as potential predictors, including anatomical characteristics of the PFO tunnel, the presence of atrial septal aneurysms, and occluder device size^{2,3}. This study aims to evaluate the incidence of residual shunting and identify its predictors in patients who underwent PFO closure at the University Hospital Centre Zagreb.

Patients and Methods: We performed a retrospective analysis of patients who underwent PFO closure at UHC Zagreb. Pre-implantation transesophageal echocardiography (TEE) measurements included PFO tunnel size and septal aneurysm presence (**Figure 1**). Implanted device size was recorded from hospital charts. Residual shunting was assessed using transthoracic echocardiography (TTE) bubble test during Valsalva maneuver at 6-month and 1-year follow-ups (**Figure 2**). Statistical analysis included chi-square test, Cramer's V test, and linear multivariate regression.

Results: Of 104 attempted PFO closures, device implantation was successful in 100 patients (96.2%). Device size data were available for 98 patients who received the Amplatzer occluder: 50 (51.0%) received an 18/25 mm device, 15 (15.3%) a 25/25 mm device, 9 (9.2%) a 25/30 mm device, 14 (14.3%) a 25/35 mm device, and 10 (10.2%) a 30/30 mm device. Residual shunting was detected in 18 patients (18.0%) exclusively via TTE bubble test. Pre-implantation TEE measurements were available for 54 patients



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FIGURE 2. Transthoracic echocardiography bubble test showing residual shunting during the Valsalva maneuver.

(54.0%) for PFO tunnel width (mean 3.9 ± 2.4 mm) and 51 (51.0%) for tunnel length (mean 10.9 ± 3.6 mm). Atrial septal aneurysm was reported in 33 patients (33.0%). Larger device size (p<0.001) and left atrial disk (p<0.001) were independent risk factors for residual shunting.

Conclusion: The incidence of residual shunting observed in our study (18.0%) aligns with reports from other centers. Notably, all residual shunts were detected exclusively by the TTE bubble test. In our patient population, the only significant predictors of residual shunting were larger device size, particularly the left atrial disk, whereas other studies have identified anatomical PFO features that increase risk.

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