



CONCURRENT *CLOSTRIDIUM DIFFICILE* COLITIS AND CYTOMEGALOVIRUS INFECTION AS A CAUSE OF PERSISTENT DIARRHEA AFTER AUTOLOGOUS HEMATOPOIETIC STEM CELL TRANSPLANTATION FOR NON-HODGKIN LYMPHOMA FOLLOWING BENDAMUSTINE-BASED CONDITIONING

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SUMMARY – Diarrhea usually appears early following autologous hematopoietic stem cell transplantation (ASCT) due to toxic mucosal damage and neutropenia. Infectious agents also cause diarrhea in the post-transplantation period, with *Clostridium difficile* (*C. difficile*) being most common. In contrast, cytomegalovirus (CMV) enterocolitis is extremely rare after ASCT. We report a case of a 55-year-old male who underwent ASCT for non-Hodgkin lymphoma that was complicated by severe persistent diarrhea resulting in significant hypovolemia and electrolyte imbalance. Prior to transplantation, the patient received rituximab in combination with chemotherapy (R-CHOP/R-DHAP) followed by a bendamustine-based conditioning regimen (BeEAM). After treatment with oral metronidazole, vancomycin and fidaxomicin, diarrhea persisted despite undetectable *C. difficile* toxin, with elevation of hepatic enzymes. Eventually, CMV infection was diagnosed by real-time polymerase chain reaction and treated with ganciclovir and valganciclovir. Due to hypogammaglobulinemia following previous rituximab treatment, CMV immunoglobulins were also administered. The patient's condition gradually improved with CMV DNA being undetectable in serum. This case shows that diarrhea may be caused by concurrent infection with *C. difficile* and CMV after ASCT. Bendamustine-induced colitis and prior rituximab treatment may have been additional risk factors in this patient. Therefore, more comprehensive workup of diarrhea is needed in ASCT recipients treated with these agents.

Key words: *Autologous hematopoietic stem cell transplantation; Cytomegalovirus; Clostridium difficile; Colitis; Bendamustine; Rituximab*

Introduction

Clostridium difficile infection (CDI) is the leading cause of nosocomial diarrhea and a well-known early complication of autologous stem cell transplantation

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(ASCT). These patients may have a particularly high risk of developing CDI due to long hospital stay, administration of broad-spectrum antibiotics, underlying immunodeficiencies, and chemotherapy-related disruption of enteric mucosal barriers¹.

Cytomegalovirus (CMV) is a recognized cause of morbidity and mortality in immunocompromised patients. CMV reactivation occurs frequently after transplantation in patients who were seropositive before transplantation or who have seropositive donors². Active CMV infection occurs in a significant number of allogeneic and less frequently in ASCT recipients³. Pneumonitis is the most common manifestation among transplant recipients, with enteritis being the second most common, occurring more often among older individuals. However, the incidence of CMV enterocolitis among hematopoietic stem cell recipients remains low and it is significantly lower in ASCT^{2,3}.

The BEAM (carmustine, etoposide, cytarabine, melphalan) conditioning regimen has been considered the gold standard for patients with lymphoma undergoing ASCT. However, due to carmustine shortage, BeEAM (carmustine replaced by bendamustine) is being increasingly used as an alternative conditioning regimen. On safety evaluation of this regimen, one of the frequently reported toxicities was colitis⁴⁻⁷.

In this paper, we report a case of CDI and CMV infection as early ASCT complications following conditioning with BeEAM. In addition, a review of previously reported cases of concurrent CDI and CMV enterocolitis published in medical literature is presented.

Case Report

A 55-year-old male diagnosed with advanced stage mantle cell non-Hodgkin lymphoma (NHL) received chemotherapy consisting of alternating R-DHAP (dexamethasone, cytarabine, cisplatin + rituximab) and R-CHOP (cyclophosphamide, doxorubicin, vincristine, prednisolone + rituximab) for a total of six cycles, after which he achieved complete remission and underwent ASCT. Prior to conditioning regimen with BeEAM (bendamustine at a dose of 160 mg/m²), the patient was in good general condition without any signs of infection. On day +4 after the transplant, the patient developed neutropenic fever with abdominal pain.

Empirical antimicrobial treatment with cefepime, metronidazole and vancomycin was initiated, and later due to prolonged fever changed to levofloxacin, meropenem and linezolid. Oseltamivir was added after influenza A virus had been detected by polymerase chain reaction (PCR) in nasopharyngeal secretions. On day +11, white blood cell count recovered, however, the patient developed abdominal cramps with severe diarrhea (more than 20 stools *per day*) and persistent fever. *Clostridium difficile* toxins A and B were detected by chromatographic immunoassay in the stool and metronidazole *per os* was initiated. Computed tomography (CT) scans showed distal and rectosigmoid colon thickening with diverticulosis, as well as jejunum thickening, indicating severe diffuse enterocolitis (Fig. 1). Laboratory tests also revealed hepatic injury through increased hepatic enzymes. The patient developed hemodynamic instability due to significant dehydration, severe electrolyte imbalance (hypokalemia, hyponatremia, hypocalcemia, hypomagnesemia and hypophosphatemia) and



Fig. 1. Computed tomography scan showing jejunum and colon thickening.

hypoalbuminemia. Consequently, the patient was temporarily transferred to the intensive care unit. Despite broad spectrum antimicrobial treatment and subsequent introduction of vancomycin *per os* followed by fidaxomicin for *C. difficile* colitis, fever and diarrhea remained persistent (10 to 20 stools *per day*). *C. difficile* toxins were negative and toxigenic *C. difficile* was negative by PCR. Follow up CT scans showed no improvement while *Acinetobacter baumannii* and vancomycin resistant *Enterococcus faecium* were isolated from the stool. His perianal region was severely irritated by frequent stools, thus further deteriorating his condition. Finally, following the lack of response, real-time PCR for CMV was done and CMV DNA with 6740 IU/mL was detected. However, rectosigmoidoscopy with histologic evaluation revealed nonspecific inflammatory changes without CMV inclusions. CMV serology test was IgG positive and IgM negative. Considering the clinical presentation and CMV viremia, systemic CMV infection with colitis and hepatitis was suspected and dose-adjusted ganciclovir was introduced, followed by valganciclovir. Due to severe hypogammaglobulinemia (2.6 g/L; normal range: 8.9-16.8 g/L), CMV immunoglobulins (CMV-IG; Cytotect®) were also administered at a dose of 100 U/kg weekly for two applications. The patient's condition gradually improved with significantly decreased number of stools. An improvement of hepatic enzymes and normalization of inflammatory marker levels were also observed, further confirming suspected CMV colitis and hepatitis. Follow up real-time PCR for CMV was negative. The patient was dismissed from the hospital in an improved general condition. However, he still suffered from persistent moderate diarrhea (five to ten stools *per day*), probably due to chemotherapy-associated colitis. Two months later, the patient had normal stool frequency and consistency with slightly elevated liver enzymes and the rituximab maintenance treatment was continued.

Discussion

Infectious diarrhea is an extensively described complication of ASCT with *C. difficile* being one of the most common infectious agents, with the incidence ranging from 3.8% to 6.9%^{1,8}. The recommended treatment includes metronidazole for mild and moderate

infection, and oral vancomycin for patients with severe or complicated infection. Recently, fidaxomicin has been introduced as a novel agent that provides sustained cure rates compared with vancomycin and metronidazole^{9,10}. The administration of vancomycin and fidaxomicin in our patient did not lead to significant improvement in clinical outcome even though *C. difficile* toxin was no longer detectable. Therefore, other causes of diarrhea were suspected.

In an ASCT setting, CMV end-organ disease is rare occurrence, with the gastrointestinal (GI) tract being a rarely affected end-organ. According to Wingard *et al.*, CMV disease occurs in only 2% of ASCT recipients, while only 0.4% of them develop CMV enteritis³. Furthermore, van Burik *et al.* report on the incidence of CMV enteritis in ASCT recipients of only 0.2%². According to Marchesi *et al.*, a pre-transplant seropositivity, a diagnosis of NHL and higher median age at transplant were associated with the risk of developing a clinically relevant CMV infection¹¹. The gold standard for detection of CMV in GI mucosal biopsies is CMV-specific immunohistochemistry (IHC). Hematoxylin and eosin (H&E) staining may show typical viral inclusions ('owl eye appearance' inclusions) being highly specific for CMV, but the method is not sensitive compared to IHC and tissue PCR¹². In our patient, CMV inclusions were not found, however, CMV DNA was detected by real-time PCR. Positive CMV by PCR from peripheral blood confirms CMV infection, yet it is not diagnostic for CMV colitis¹². Nevertheless, in the context of clinical signs and symptoms, it is highly suggestive of CMV tissue invasive disease. The treatment of CMV infection includes ganciclovir and valganciclovir¹³, whereas foscarnet can be used for ganciclovir-resistant cases¹⁴. In addition, CMV-IG may be used in transplant recipients as adjunctive treatment. This strategy improved the survival rate in different groups of transplant patients with CMV pneumonitis¹⁵⁻¹⁸. In contrast, data on HSCT recipients with CMV enteritis are scarce. A study by Alexander *et al.* included patients with enteritis in addition to those with pneumonitis and these authors report lower mortality rates compared to antiviral monotherapy¹⁹. Due to severe hypogammaglobulinemia in our patient, we administered CMV-IG in addition to ganciclovir.

For the purpose of this article, we searched PubMed, combining the terms cytomegalovirus colitis

Table 1. Case reports of concurrent *Clostridium difficile* and cytomegalovirus enterocolitis published in medical literature

Reference	Age	Gender	Underlying condition	Immune system function	First pathogen diagnosed	<i>C. difficile</i> treatment	CMV treatment	CMV-IG administration	Outcome
Kottaridis <i>et al.</i> ²⁰	59	M	ALCL	Immunocompromised	<i>C. difficile</i>	Metronidazole and vancomycin	Ganciclovir	No	Recovery
Nichols <i>et al.</i> ²¹	52	M	Lung transplant	Immunocompromised	<i>C. difficile</i>	Metronidazole	Ganciclovir	Yes	Death
Riva <i>et al.</i> ²²	39	M	ALL	Immunocompromised	CMV	Metronidazole	Foscarnet	No	Recovery
Veroux <i>et al.</i> ²³	42	F	Renal transplant	Immunocompromised	CMV	Metronidazole and vancomycin	Ganciclovir	No	Death
Alkhatib <i>et al.</i> ²⁴	81	M	Pneumonia	Immunocompetent	<i>C. difficile</i>	Metronidazole and vancomycin	Ganciclovir	No	Recovery
Dahman <i>et al.</i> ²⁵	73	F	Renal transplant	Immunocompromised	<i>C. difficile</i>	Metronidazole and vancomycin	Ganciclovir	No	Recovery
Florescu <i>et al.</i> ²⁶	35	M	Pancreatic transplant	Immunocompromised	CMV	Metronidazole	Valganciclovir and ganciclovir	No	Recovery
	55	F	Renal transplant	Immunocompromised	<i>C. difficile</i>	Metronidazole and vancomycin	Valganciclovir and ganciclovir	No	Recovery
Kurtz, Morgan ²⁷	78	F	GERD	Immunocompetent	<i>C. difficile</i>	Metronidazole, vancomycin and fidaxomicin	Ganciclovir and valganciclovir	No	Recovery
Antonio <i>et al.</i> ²⁸	37	F	Morbid obesity	Immunocompetent	<i>C. difficile</i>	Metronidazole and vancomycin	Ganciclovir and foscarnet	No	Recovery
John <i>et al.</i> ²⁹	63	M	Squamous cell carcinoma	Immunocompromised	<i>C. difficile</i>	Metronidazole, vancomycin and fidaxomicin	Valganciclovir	No	Recovery
Dumitru <i>et al.</i> ³⁰	53	M	Duodenal ulcer	Immunocompetent	<i>C. difficile</i>	Metronidazole, vancomycin and rifaximin	Ganciclovir and fecal transplantation	No	Recovery
Hung <i>et al.</i> ³¹	85	M	Septic shock	Immunocompromised	<i>C. difficile</i>	Metronidazole and vancomycin	Ganciclovir	No	Recovery
Papaconstantinou <i>et al.</i> ³²	17	M	Refractory UC	Immunocompetent	<i>C. difficile</i>	Metronidazole and vancomycin	Ganciclovir	No	Recovery
Harano <i>et al.</i> ³³	60	F	NR	Immunocompetent	<i>C. difficile</i>	Metronidazole	NR	No	Recovery
Chao <i>et al.</i> ³⁴	63	F	NR	Immunocompetent	<i>C. difficile</i>	Metronidazole, vancomycin and fecal microbiota transplant	Ganciclovir and valganciclovir	No	Recovery
Present report	55	M	MCL	Immunocompromised	<i>C. difficile</i>	Vancomycin and fidaxomicin	Ganciclovir and valganciclovir	Yes	Recovery

M = male; F = female; ALCL = anaplastic large cell lymphoma; ALL = acute lymphoblastic leukemia; GERD = gastroesophageal reflux disease; UC = ulcerative colitis; NS = nonsignificant; MCL = mantle cell lymphoma; *C. difficile* = *Clostridium difficile*; CMV = cytomegalovirus; CMV-IG = cytomegalovirus immunoglobulin; NR = not reported

and *Clostridium difficile*, and the search resulted in 61 articles. The criteria for exclusion were non-English language articles and articles that are not presenting concurrent CDI and CMV infection. We reviewed a total of 15 articles and compared underlying conditions, immune system function, treatment, and outcome (Table 1)²⁰⁻³⁴. Concurrent occurrence of two pathogens with similar clinical manifestations, especially when one of the pathogens occurs rarely, created a significant diagnostic problem in most of the reported cases. Most of the patients were immunocompromised and presented with several risk factors for both infections, such as solid organ transplantation and immunosuppressive therapy in seven patients, or hematologic malignancies in two patients. A possible explanation is that the infection might predispose a patient to develop the second infection affecting the same organ²⁶. Similar to our patient, a case of CMV enterocolitis masked by CDI after ASCT for NHL has been reported by Kottaridis *et al.*²⁰. However, our patient had additional risk factors for enterocolitis, such as prior rituximab treatment and bendamustine-based conditioning.

The anti-CD20 monoclonal antibody rituximab is used in the treatment of B-cell malignancies. It reduces the number and function of normal B cells, thereby lowering the immunoglobulin levels and consequently facilitating the CMV reactivation after HSCT^{35,36}.

There are serious concerns about safety of bendamustine-based conditioning prior to ASCT^{5,6,37}. Recently, we have reported a retrospective analysis comparing a cohort of ASCT patients receiving either BEAM or BeEAM conditioning regimen, showing that patients receiving bendamustine were significantly more likely to require ICU management, develop acute kidney injury, develop febrile neutropenia, and had a significantly higher 100-day mortality³⁷. Considering the toxicity of bendamustine, another important issue in our patient was the chemotherapy-induced mucosal damage. It has been shown that bendamustine-based conditioning regimen may be associated with digestive toxicity, including enterocolitis in a significant proportion of patients⁵⁻⁷. Garciaz *et al.* report on grade III-IV enterocolitis in 17% of the patients treated with BeEAM⁶. The incidence of grade I-IV colitis was 32% in the BeEAM group, as reported by Chantepie *et al.*⁵, while Saleh *et al.* report on grade III or greater diarrhea in even 44% of the BeEAM patients⁷. Persistence of diarrhea in our

patient even after *C. difficile* and CMV resolution supports this hypothesis.

To our knowledge, this is the first case report of concurrent *C. difficile* and CMV colitis in a transplant recipient treated with bendamustine-conditioning regimen and prior rituximab treatment. In contrast to the previously presented cases, our patient was successfully treated with fidaxomicin and CMV-IG in addition to standard antiviral treatment. Whether this treatment should become standard in this group of patients, remains to be elucidated in prospective trials.

Conclusion

C. difficile infection is a common early complication of hematopoietic stem cell transplant. Hematopoietic stem cell transplant recipients represent a high-risk population due to chemotherapy induced mucosal damage, neutropenia, and immunosuppression. This case shows that patients with persistent diarrhea after vigorous treatment for *C. difficile* should be also evaluated for CMV infection. Previous rituximab treatment and bendamustine-based conditioning in this patient may have been additional contributing factors.

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Sažetak

ISTODOBNI *C. DIFFICILE* KOLITIS I CITOMEGALOVIRUSNA INFEKCIJA KAO UZROK USTRAJNOG PROLJEVA KOD BOLESNIKA S NE-HODGKINOVIM LIMFOMOM NAKON KONDICIONIRANJA BAZIRANOG NA BENDAMUSTINU I AUTOLOGNE TRANSPLANTACIJE KRVOTVORNIH MATIČNIH STANICA

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Proljev je česta komplikacija autologne transplantacije krvotvornih matičnih stanica (ATKMS), uzrokovan je različitim infektivnim uzročnicima, a potpomognut toksičnim oštećenjem crijevne sluznice i neutropenijom. *Clostridium difficile* (*C. difficile*) jedan je od najčešćih uzročnika proljeva, dok se citomegalovirusni (CMV) enterokolitis vrlo rijetko opisuje nakon ATKMS. Prikazujemo slučaj 55-godišnjeg muškarca s razvojem teškog ustrajnog proljeva sa značajnom hipovolemijom i poremećajem elektrolita nakon ATKMS zbog ne-Hodgkinovog limfoma. Prije transplantacije bolesnik je liječen rituksimabom u kombinaciji s kemoterapijom (R-CHOP/R-DHAP), a u sklopu kondicioniranja dobio je bendamustin kao dio protokola BeEAM. Nakon liječenja dokazane *C. difficile* infekcije metronidazolom *per os*, vankomicinom i fidaksomicinom proljev je i dalje ustrajao unatoč negativnom toksinu *C. difficile* u stolici. Bolesnik je bio febrilan uz povišene jetrene enzime. Naposljetku, lančanom reakcijom polimerazom u stvarnom vremenu dokazana je infekcija CMV koja je liječena gancikloviro i valgancikloviro. Zbog hipogamaglobulinemije nakon prethodnog liječenja rituksimabom primijenjeni su i CMV-specifični imunoglobulini. Bolesnikovo stanje se postupno popravilo, a CMV DNA u serumu je postala nedetektibilna. Ovaj slučaj pokazuje da proljev nakon ATKMS može biti uzrokovan usporednom infekcijom *C. difficile* i CMV-om. Oštećenje stijenke crijeva kemoterapijom koja je sadržavala bendamustin (BeEAM) kao i prethodna primjena rituksimaba vjerojatno su predstavljali dodatni rizični čimbenik. Stoga pojava proljeva kod takvih bolesnika zahtijeva sveobuhvatnu obradu.

Ključne riječi: Autologna transplantacija krvotvornih matičnih stanica; Citomegalovirus; *Clostridium difficile*; Kolitis; Bendamustin; Rituksimab