NAJAVA 23. KONGRESA IAGP 2028. GODINE U BEČU

/ ANNOUNCEMENT OF THE 23RD IAGP CONGRESS, TO BE HELD IN VIENNA IN 2028

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Odlazak u Japan na 22. kongres IAGP-a bila je naša velika želja. Ipak, to se pokazalo kao izazov kojem, unatoč entuzijazmu, nismo uspjele doskočiti jer je put u daleki Sapporo zahtijevao puno više od dobre volje. Na kraju, nas dvije smo sudjelovale online, u hibridnom obliku.

Nekoliko mjeseci prije nedavno završenog 22. kongresa IAGP-a u Sapporu, Japan, stigla je obavijest o temi sljedećeg susreta: „**Grupe i opća kriza – izazovi za ljude, organizacije i društvo**."

Ubrzo nakon toga, organizacijski odbor IAGP-a najavio je i uvodne radionice pod nazivom „**Appetizer**". Cilj tih radionica bio je približiti sadržaje predstojećeg kongresa stručnjacima različitih profila koji se bave grupama i grupnim procesima te ih potaknuti na sudjelovanje. Appetizer radionice održavale su se u lipnju i srpnju, online, čime je doživljaj i stjecanje znanja, informacija, poznanstava bio blještiji nego u izravnom susretu. Rekli bi i nemuštiji. On-

It was our great wish to go to Japan for the 22nd IAGP Congress. However, it turned out to be a challenge that, despite our enthusiasm, we were unable to overcome because the journey to faraway Sapporo required much more than good will. In the end, the two of us participated online, in a hybrid format.

A few months before the recently concluded 22nd IAGP Congress in Sapporo, Japan, we received a notification about the topic of the next meeting: **"Groups and the General Crisis – Challenges for People, Organizations and Society."**

Shortly after that, the IAGP Organizing Committee announced introductory workshops entitled **"Appetizer"**. The goal of these workshops was to bring the contents of the upcoming congress closer to experts of various profiles who deal with groups and group processes, and to encourage them to participate. The Appetizer workshops were held in June and July, in an online format, which made the experience, as well as the acquisition of knowledge, information, and acquaintances weaker than meeting in person. We would even describe it as awkward.

line pristup je bio besplatan, radionice su bile iskustvene.

Suprotno očekivanom, dojam je bio snažan – sudionici su hrabro dijelili svoje intimne dvojbe, emocionalne dileme, pa i traumatska iskustva. Posebno je bilo dojmljivo povjerenje unutar grupe, kako među starim znancima, tako i prema „pridošlicama" poput nas.

Upravo taj zaigran i otvoren pristup potaknuo nas je da se uključimo barem djelomično, kroz hibridni program kongresa od 20.-23. kolovoza 2025. godine.

U knjizi sažetaka, dostupnoj na službenoj stranici www.iagp.com, predstavljen je iznimno bogat spektar tema, pristupa i grupnih tehnika. Program se odvijao kroz predavanja, radionice i veliku grupu, a izbor nije bio nimalo jednostavan, te je često je presuđivala stvarnost – potreba za snom zbog vremenske razlike (Saporo je sedam sati ispred naše vremenske zone). Link koji je poslan kasno u noć pred jutro početka seminara/radionice je bio „ulaznica" za predavanja/radionice.

Bili su ponuđeni različiti sadržaji i teme: sociodrama, psihodrama, objektno-relacijske terapije, grupe za rad s ovisnicima, art terapije itd.

Odvijale su se i psihodinamske male i velike grupe koje nisu bile dostupne online. Appetizeri su radionice koje su vodili psihodramatičari. Meni je ostala u pam-

Online access was free, and the workshops were experiential.

Contrary to expectations, the impression was strong – the participants bravely shared their intimate doubts, emotional dilemmas, and even traumatic experiences. The trust within the group, both among old acquaintances and towards "newcomers" like us, was particularly impressive.

It was precisely this playful and open approach that encouraged us to get involved, at least partially, through the hybrid program of the congress, in the period from 20 to 23 August 2025.

The book of abstracts, available on the official website www.iagp.com, presents the exceptionally rich spectrum of topics, approaches and group techniques. The program took place in the form of lectures, workshops, and a large group session, which made the choice not at all simple, and reality often prevailed – i.e. the need for sleep due to the time difference (Sapporo is seven hours ahead of our time zone). The link that was sent to us late at night before the morning of the seminar/workshop served as the "ticket" to join the lectures/workshops.

Various content and topics were offered: sociodrama, psychodrama, object-relational therapies, groups for working with addicts, art therapies, etc.

There were also psychodynamic small and large group sessions that were not available online. Appetizers were workshops led by psychodramatists. I remember one workshop in which the computer

ćenju jedna radionica u kojoj je računalo napravilo scenu sa Japanskim vrtom u kojoj se vodi razgovor sa nama važnom osobom. U sredini prelijepog pejzaža i žuborenje fontane je bio stol, 2 stolca i tacna sa čajnikom i šalicama. Kolegica koja se javila da odigra scenu, je dodala scenskoj postavi na stolac jastuk (ukrasni,za stolac) koji joj je mama napravila i darovala (od perja guske) prilikom njenog odlaska u inozemstvo. Kao dio publike sam slušala dirljiv razgovor kćeri koja je uspjela u životu. Ali majka joj i dalje nedostaje i postavljeni jastuk je sada jedina fizicki opipljiva uspomena od majke i domovine. Kako je riječ o zemlji koja je sada u ratu, u razgovoru " majke" i kćeri se raspravlja o temi sigurnosti.

"Majka "tj.osoba koja je glumi je na koncu sretna jer je kćerka na sigurnom. Kćerka je bila dirnuta, rasplakala se. Nakon ove scene sudionici radionice su se uključili sa svojim asocijacijama te se doznaje kako i drugi imaju neke osobne poklone svojih roditelja koje im sada, u ovim vremenima nezivjesnosti, osobito znače i trebaju. Ja osobno sada češće koristim vintage (starinske) šalice moje pokojne tete. Mislim da me podsjećaju ne samo na tetu nego i na vrijeme i atmosferu koja je u vrijeme moje mladosti vladala. Bilo je sve nekako sporije, predvidljivije, možda i dosadno.Iako sam imala frustracije, sukobe u sebi i svojom sredinom, tada nisam razmišljala da postoji prijetnja rata, što je sada dio naše svakodnevnice.

created a scene with a Japanese garden in which a conversation was held with a person important to us. In the middle of the beautiful landscape and the murmur of a fountain was a table, 2 chairs and a tray with a teapot and cups. A colleague who volunteered to act out the scene made an addition to the stage by setting a pillow (seat cushion for the chair) that her mother had made and given her (made from goose feathers) when she went abroad. As part of the audience, I listened to a heartful conversation of a daughter who has succeeded in life, but still misses her mother, and the pillow that was placed is now the only physically tangible memory of her mother and her homeland. Since this is a country that is currently at war, the conversation between the "mother" and daughter discussed the topic of security.

The "mother", i.e. the person playing her was finally happy because her daughter was safe. The daughter was moved to tears. After this scene, the workshop participants got involved by sharing their associations, and we learned that others also had some personal gifts from their parents that now, in these times of uncertainty, hold a special meaning and they need them. I personally now use my late aunt's vintage coffee cups more often. I think they remind me not only of my aunt, but also of the time and atmosphere that prevailed in my youth. Everything was somehow slower, more predictable, maybe even boring. Although I had frustrations, conflicts within myself and in my environment, at that time I did not think that there was a threat of war, which is now part of our everyday life.

Na kongresu je promovirana i knjiga „Kulturalne razlike, grupe, socijalni izazovi" autorica Cristine Martinez Taboada i Marcie Honig.

Dojam koji se provlačio kroz cijeli kongres bio je snažna potreba sudionika za susretom, dijalogom, unatoč raznolikosti kultura, jezika, povijesti, "izabranim" i onim "neizabranim traumama". U hibridnim radionicama dijelili smo iskustva neizvjesnosti, težine vremena, i opet iznova potvrdili Yalomov uvid: patnja i nada univerzalni su kod svih naroda, na svima meridijanima našeg planeta.

Posebno nas je dirnula završna ceremonija. Na pozornici je nastupio japanski zbor, pjevajući na engleskom. Vidjelo se da neki od članova nesigurno hodaju, poneki su nosili maske, a voditelj je pozvao publiku da im pruži dodatnu podršku. Nastup izrazito ranjive skupine pacijenata je svečanom trenutku zatvaranja kongresa i rastanka dalo dodatnu snagu i toplinu.

U razgovorima naše male hrvatske subgrupe, nakon svega što smo doživjele, dijelile smo isti osjećaj: unatoč svim nevoljama s kojima se svijet nosi, grupe dobronamjernih ljudi i kongresi poput ovoga doista čine svijet boljim mjestom.

I zato, zašto ne bismo ponovno sudjelovali – ovaj put u većoj grupi – na 23. kongresu u Beču 2028. godine?

The book "Cultural Diversity, Groups, Social Challenges" by Cristina Martinez Taboada and Marcia Honig was also promoted at the Congress.

The impression that ran through the entire Congress duration was that the participants had a strong need for encounters, for dialogue, despite the diversities in culture, language, history, as well as the "chosen" and "unchosen" traumas. In hybrid workshops, we shared experiences of uncertainty, the weight of time, and confirmed Yalom's insight again and again: suffering and hope are universal among all peoples, on all meridians of our planet.

We were particularly moved by the closing ceremony. A Japanese choir performed on stage, singing in English. It was visible that some of the members walked unsteadily, some wore masks, and the host called on the audience to provide additional support with applause. The performance of an extremely vulnerable group of patients gave additional strength and warmth to the solemn moment of closing the Congress.

In the conversations of our small Croatian subgroup, after everything we had experienced, we shared the same feeling: despite all the troubles the world is facing, groups of well-intentioned people and congresses like this really make the world a better place.

Therefore, why would we not participate again – this time in a larger group – at the 23rd Congress in Vienna in 2028?