

Marko Pećina, Ivo Dumić-Čule et al. SPORTS MEDICINE – SELECTED CHAPTERS

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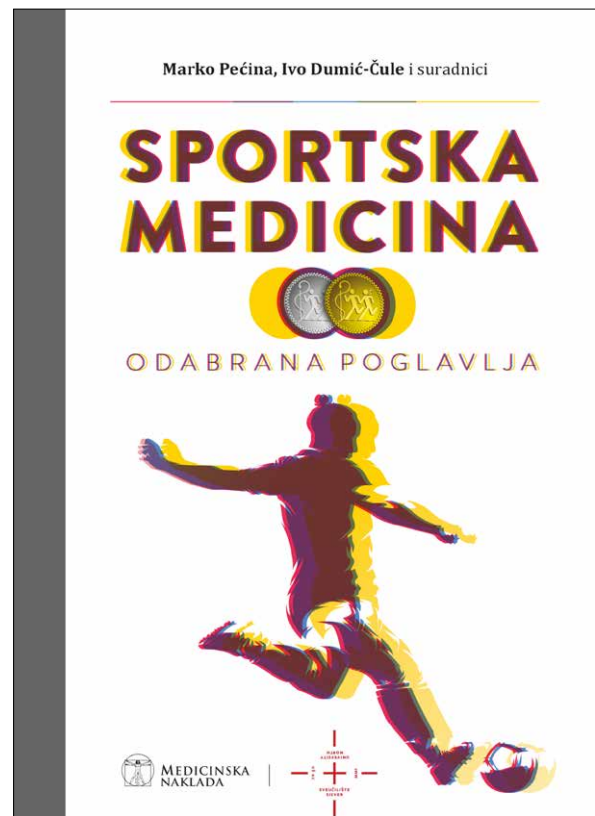
In June 2025, the book “Sports Medicine – Selected Chapters”, authored and edited by Marko Pećina, Ivo Dumić-Čule and collaborators, was published as a concise version of the well-known textbook Sports Medicine. This edition was created with the aim of making key knowledge in the field more accessible, not only to medical professionals but also to team physiotherapists, coaches, and other professionals actively engaged in sports. The book features selected and carefully adapted chapters from the comprehensive Sports Medicine textbook, with the focus placed on practical aspects most relevant to everyday work in sports teams and organizations. By presenting complex medical concepts in a clear and applicable way, the book bridges the gap between medical science and sports practice. At the same time, it maintains the high level of scientific accuracy and interdisciplinary approach that characterize the full textbook.

“Sports Medicine – Selected Chapters” is therefore not only a valuable reference for healthcare professionals but also a practical manual for everyone working in sports, highlighting the shared responsibility of preserving athletes’ health and performance.

The book features contributions from 43 authors specializing in various fields, reflecting the interdisciplinary nature of sports medicine, which integrates knowledge from multiple disciplines in both scientific research and everyday practice. This interdisciplinarity remains the greatest strength of this textbook, which spans 364 pages and includes over 200 images and illustrations, along with more than 600 references.

The first reviewer Prof. Domagoj Delimar states:

“The work is complementary to the textbook of the University of Zagreb School of Medicine, Sports Medicine by Pećina M. et al., Medicinska naklada, Zagreb, 2019. It supplements the knowledge from that textbook and presents the content more in terms of practical application during sports competitions, training, and procedures for prevention and rehabilitation of athletes and recreational participants. The textbook “Sports Medicine – Selected Chapters”, edited by Marko Pećina and Ivo Dumić-Čule, is intended for a wide range of users within the University North, as well as for a broad circle of healthcare and sports professionals, and all athletes and recreational participants. The text and supplements in the manuscript are methodically processed and adapted to the subject for which they are intended. The material is systematically arranged in 28 chapters covering the most important areas of sports medicine. It is particularly important to emphasize that the focus is placed on the practical application of the presented issues in the work of healthcare professionals within sports clubs and during sports competitions. Each chapter concludes with relevant references. The proposed textbook is a modern teaching resource that reflects the wealth of knowledge and experience the authors wish to share with



all healthcare and sports professionals. The contributors of individual chapters have made every effort to enable the most comprehensive adoption of contemporary insights within their respective fields.”

Reviewer Prof. Igor Jukić comments:

“The text and supplements are methodically prepared and adapted to the subjects for which they are intended. The material is systematically divided into 28 chapters covering key areas of modern sports medicine. It is important to highlight that the emphasis is placed on the practical application of the presented topics in the work of healthcare professionals within sports clubs and during sports competitions. Each chapter concludes with relevant references. Regarding units of measurement and clinical terminology, all existing regulations have been respected. The systematic structure, precision, and clarity of exposition make this work easy to read. The proposed textbook is a modern teaching resource that demonstrates the wealth of knowledge and experience that the authors wish to share with healthcare and sports professionals. The contributors of individual chapters have sought to ensure the most comprehensive adoption of contemporary knowledge within their topics.”

Publisher: Medicinska naklada, Zagreb

Year of Publication: 2025

Format: 16,6x23

Binding: softcover

Extent: 364 pages, 28 chapters