

# UNIFIED FUTURE OF SECURITY AND DEFENSE IN THE DIGITAL AGE

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DOI: [10.7906/indecs.24.4.7](https://doi.org/10.7906/indecs.24.4.7)  
Regular article

*Received:* 6 May 2025.  
*Accepted:* 16 May 2026.

## ABSTRACT

The rapid evolution of threats in cyberspace, physical domains, and geopolitical landscapes necessitates an integrated approach to security and defense. This article examines the current state of security across cybersecurity, physical security, national defense, and corporate security, identifying emerging threats and innovative defense mechanisms. We propose hypotheses on the efficacy of Zero Trust frameworks, AI-driven threat detection, and hybrid warfare countermeasures. Our findings highlight the need for adaptive, multi-layered security strategies to mitigate risks in an increasingly interconnected world.

## KEY WORDS

cybersecurity, national defense, zero trust, AI in security, hybrid warfare

## CLASSIFICATION

JEL: F52, K24

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## INTRODUCTION

Security and defense have evolved beyond traditional military and physical protection to encompass cyber warfare, corporate risk management, and AI-driven threats, creating a complex, interconnected threat landscape. The convergence of these domains demands interdisciplinary solutions, as isolated approaches fail to address blended risks like AI-powered disinformation campaigns synchronized with infrastructure cyberattacks. Deepfake propaganda could be deployed in tandem, overwhelming conventional defenses.

This paradigm shift raises critical research questions:

- How effective are Zero Trust architectures in mitigating modern cyber threats?  
While Zero Trust is widely advocated, empirical evidence of its superiority over perimeter-based models remains sparse [1].
- What role does AI play in enhancing both cyber and physical security?  
AI’s dual-use nature – for both defending networks and powering autonomous weapons—requires urgent ethical and technical scrutiny [2].
- How are nation-states adapting to hybrid warfare tactics?  
Hybrid threats exploit gaps between cyber and physical defense doctrines.

To investigate these questions, this study evaluates three hypotheses, Table 1:

**H<sub>1</sub>:** Organizations adopting Zero Trust experience fewer breaches than those using perimeter-based defenses.

**H<sub>2</sub>:** AI-enhanced surveillance reduces physical security response times by at least 30%.

**H<sub>3</sub>:** State-sponsored cyber warfare will surpass conventional conflicts in frequency by 2030.

**Table 1.** Research questions, corresponding hypotheses and validation approach.

Question	Hypothesis	Validation Approach
Does Zero Trust outperform perimeter security?	<b>H<sub>1</sub>:</b> 40% fewer breaches [1].	Comparative analysis of NIST-adopting orgs.
Can defensive AI outpace offensive AI?	<b>H<sub>2</sub>:</b> 30% faster response.	Controlled SOC experiments.
Is hybrid warfare eclipsing traditional conflict?	<b>H<sub>3</sub>:</b> Dominance by 2030.	UCDP conflict database trends.

## LITERATURE REVIEW

### Cybersecurity Evolution

Traditional security models (e.g., firewalls, signature-based antivirus) are increasingly ineffective against advanced persistent threats (APTs) like SolarWinds or Colonial Pipeline ransomware, which bypass static defenses. In response, Zero Trust Architecture (ZTA) and deception technologies (e.g., honeypots) have emerged as superior alternatives [3]. ZTA’s “never trust, always verify” principle minimizes lateral movement during breaches, with the NIST [4] mandating its adoption for critical infrastructure. However, gaps persist in measuring ZTA’s real-world efficacy – a key focus of **H<sub>1</sub>**.

### Physical Security Innovations

AI is revolutionizing physical security through autonomous drones, facial recognition, and predictive policing algorithms. For example, AI-enhanced surveillance systems at airports reduced weapon detection times by 35% in pilot studies, supporting **H<sub>2</sub>**. Yet, ethical concerns

– such as racial bias in facial recognition and the militarization of autonomous drones – highlight the need for regulatory frameworks.

### **National Defense in the Digital Age**

Hybrid warfare's rise has rendered traditional military strategies insufficient. The U.S. Department of Defense notes that 90% of conflicts now involve cyber-physical blends. This aligns with H<sub>3</sub>, which predicts cyber warfare's dominance by 2030. However, countermeasures remain fragmented, with NATO's 2023 Cyber Defense Pacts representing early steps toward integration.

## **THE CHANGING NATURE OF SECURITY THREATS**

The digital revolution has transformed the security landscape, introducing unprecedented vulnerabilities alongside technological advancements. Cybersecurity, once a niche concern, has become a critical pillar of national security, corporate governance, and individual privacy [5]. The proliferation of interconnected devices through the Internet of Things (IoT), the rise of state-sponsored cyber warfare, and the weaponization of artificial intelligence (AI) have created a perfect storm of risks that demand a holistic approach to defense [6].

Cyber threats are no longer limited to isolated hacking attempts or financial fraud; they now encompass sophisticated attacks on critical infrastructure, election interference, and large-scale disinformation campaigns [6]. The 2020 SolarWinds hackdemonstrated how supply chain vulnerabilities could compromise government agencies and Fortune 500 companies alike [7]. Similarly, ransomware attacks on hospitals, pipelines, and municipal services have shown that cyber threats can have real-world, life-or-death consequences.

At the same time, physical security threats have evolved beyond traditional crime and terrorism. The rise of autonomous drones, deepfake technology, and AI-powered surveillance has introduced new challenges for law enforcement and national security agencies [8]. The 2019 drone attacks on Saudi Aramco facilities demonstrated how low-cost, commercially available technology could disrupt global energy supplies. Meanwhile, the increasing integration of AI into security systems raises ethical concerns about mass surveillance, algorithmic bias, and the potential for misuse by authoritarian regimes [9].

## **THE CONVERGENCE OF CYBER AND PHYSICAL SECURITY**

One of the most significant trends in modern security is the convergence of cyber and physical threats [10]. Critical infrastructure – such as power grids, transportation systems, and healthcare networks – is increasingly digitized, making it vulnerable to both cyber intrusions and physical sabotage [11]. A cyberattack on a hospital's network can disrupt life-saving equipment, while a breach in a smart city's traffic management system could cause real-world chaos.

This convergence has given rise to hybrid warfare, where nation-states combine cyber operations, disinformation, economic coercion, and conventional military tactics to achieve strategic objectives [12]. The Russo-Ukrainian War has been a prime example, featuring not only kinetic warfare but also cyberattacks on Ukrainian government systems, satellite communications disruptions, and global disinformation campaigns. As a result, modern defense strategies must account for multi-domain threats that transcend traditional battlefield boundaries.

## **THE ROLE OF AI AND MACHINE LEARNING IN SECURITY**

AI is playing an increasingly dual role in security – both as a weapon and a defense mechanism. On the offensive side, AI-powered tools enable automated hacking, deepfake propaganda, and hyper-targeted social engineering attacks [2]. For example, generative AI can now produce

highly convincing phishing emails, impersonate voices (voice cloning attacks), and even create fake video evidence (“deepfake” disinformation).

Conversely, AI is also revolutionizing defense mechanisms. Machine learning algorithms can detect anomalies in network traffic, predict potential breaches, and automate incident response. AI-driven surveillance systems, such as those used in smart cities, can identify suspicious behavior in real-time, reducing response times for law enforcement. However, these technologies raise significant ethical and privacy concerns, particularly regarding mass surveillance and false positives in threat detection [9].

## **THE ZERO TRUST PARADIGM: A NEW APPROACH TO CYBERSECURITY**

Traditional perimeter-based security models, which assume that internal networks are trustworthy, have proven inadequate against modern threats. The Zero Trust Architecture (ZTA) framework, formalized by NIST, operates on the principle of “never trust, always verify” [4]. This approach requires continuous authentication, micro-segmentation of networks, and least-privilege access controls to minimize the risk of insider threats and lateral movement by attackers.

Empirical studies suggest that organizations adopting Zero Trust experience significantly fewer breaches than those relying on legacy security models [13]. For example, Google’s implementation of BeyondCorp (a Zero Trust framework) reduced insider threat incidents by over 50%. However, challenges remain, including high implementation costs, compatibility issues with legacy systems, and resistance to cultural shifts in organizational security policies.

## **CORPORATE SECURITY: BEYOND IT TO ENTERPRISE-WIDE RISK MANAGEMENT**

Corporate security has expanded far beyond IT departments to encompass third-party risk management, fraud prevention, and regulatory compliance. High-profile breaches like the 2013 Target attack (via a third-party HVAC vendor) and the 2017 Equifax data leak (due to unpatched software) underscore the importance of holistic security governance.

Regulatory frameworks such as GDPR (EU), CCPA (California), and NIS Directive (EU) have forced organizations to adopt stricter data protection measures. Meanwhile, cyber insurance has emerged as a critical risk mitigation tool, though rising premiums and exclusion clauses (e.g., for ransomware payments) are complicating the landscape.

## **NATIONAL DEFENSE IN THE AGE OF CYBER WARFARE**

Nation-states are increasingly investing in cyber warfare capabilities, with military units specializing in offensive and defensive operations. The 2010 Stuxnet attack on Iranian nuclear facilities marked a turning point, demonstrating how cyber operations could achieve strategic military objectives.

However, the lack of international norms in cyberspace has led to an escalating cyber arms race, with nations stockpiling zero-day exploits and developing AI-driven attack tools. The militarization of space (e.g., anti-satellite weapons) and the rise of autonomous drones further complicate global security dynamics.

## **RESEARCH GAPS AND OBJECTIVES IN SECURITY AND DEFENSE**

The increasing complexity of modern security threats has spurred significant academic and policy interest in defense mechanisms, yet critical research gaps persist. One prominent area requiring further investigation is the efficacy of Zero Trust Architecture (ZTA). While Zero Trust – a security model that enforces strict identity verification for every access request – has been widely advocated by industry leaders and policymakers, empirical studies validating its

real-world effectiveness remain scarce. Many organizations claim to adopt Zero Trust principles, but quantitative assessments comparing breach frequencies between Zero Trust adopters and those relying on traditional perimeter-based security models are lacking. This gap raises questions about whether Zero Trust truly reduces security incidents or merely shifts attack vectors. Addressing this, Hypothesis 1 (**H<sub>1</sub>**) posits that *organizations implementing Zero Trust experience fewer breaches than those using conventional security frameworks*, necessitating rigorous case studies and longitudinal analyses to verify this claim.

Another critical research gap lies in the dual-use nature of AI in cybersecurity. AI has transformative potential, enhancing threat detection, automating incident response, and predicting attack patterns. However, its offensive applications – such as AI-powered malware, deepfake-enabled social engineering, and adversarial machine learning – pose severe risks [2]. Current literature heavily focuses on AI's defensive capabilities, while ethical dilemmas and technical countermeasures against malicious AI use remain underexplored. For instance, can AI-augmented security systems autonomously neutralize AI-driven attacks without human intervention? Hypothesis 2 (**H<sub>2</sub>**) seeks to evaluate whether *AI-enhanced security systems reduce incident response times by at least 30%*, a claim requiring validation through controlled experiments comparing AI-integrated Security Operations Centers (SOCs) with traditional setups. Additionally, research must address adversarial robustness – ensuring AI models cannot be easily deceived – and regulatory frameworks to prevent AI weaponization.

A third unresolved issue is the evolving domain of hybrid warfare, where adversaries blend cyber, physical, and psychological tactics to destabilize nations without direct military confrontation. Despite extensive discourse on hybrid threats since Hoffman's seminal work [12], consensus on optimal countermeasures remains elusive. Yet, academic research lacks comprehensive models for assessing the effectiveness of integrated cyber-physical defenses. Hypothesis 3 (**H<sub>3</sub>**) predicts that *cyber warfare will surpass conventional military conflicts in frequency by 2030*, a projection demanding empirical scrutiny through trend analysis of global cyber incidents versus armed confrontations. Furthermore, interdisciplinary studies bridging cybersecurity, political science, and military strategy are essential to develop holistic counter-hybrid warfare frameworks.

To address these gaps, this study employs a mixed-methods approach:

- 1) Quantitative analysis of breach data from Zero Trust adopters versus traditional setups (testing **H<sub>1</sub>**).
- 2) Benchmarking experiments measuring AI-driven response times in simulated cyberattacks (evaluating **H<sub>2</sub>**).
- 3) Trend forecasting using conflict databases (e.g., Uppsala Conflict Data Program) to assess **H<sub>3</sub>**.

Filling these gaps will advance both theoretical and practical dimensions of security, offering policymakers and enterprises evidence-based strategies to counter emerging threats.

## **DISTINGUISHING SECURITY AND DEFENSE IN THE DIGITAL AGE**

Although the concepts of *security* and *defense* are often used interchangeably, the evolving threat landscape described in this study demonstrates that they represent distinct yet increasingly interconnected domains. Modern cyber-physical risks, AI-enabled attacks, and hybrid warfare tactics expose the limitations of treating these areas as separate. Clarifying their differences is essential for developing an integrated framework capable of addressing contemporary challenges.

### **SECURITY AS A MULTI-DOMAIN PROTECTIVE FUNCTION**

In this research, *security* refers to the broad spectrum of practices, technologies, and governance mechanisms aimed at protecting systems, organizations, and societies from harm. Security operates across several domains:

- Cybersecurity, which has become “a critical pillar of national security, corporate governance, and individual privacy” [5].
- Physical security, increasingly shaped by AI-enhanced surveillance, autonomous drones, and predictive analytics.
- Corporate and enterprise security, including third-party risk management, regulatory compliance, and fraud prevention.
- Information and societal security, addressing disinformation, deepfakes, and election interference.

Security is therefore preventative, operational, and risk-oriented, focusing on minimizing vulnerabilities and ensuring resilience across digital and physical environments.

## **DEFENSE AS STRATEGIC PROTECTION OF THE STATE**

*Defense*, by contrast, is situated within the geopolitical and military domain. It encompasses state-level strategies and capabilities designed to deter adversaries, respond to aggression, and safeguard national sovereignty. Key components include:

- Military cyber units, which conduct offensive and defensive cyber operations.
- Hybrid warfare doctrines, blending cyberattacks, disinformation, economic coercion, and kinetic force [12].
- Geopolitical strategy, including collective defense pacts, resilience stress-testing, and deterrence frameworks.

Defense is therefore strategic, conflict-oriented, and state-driven, focusing on countering adversaries and maintaining geopolitical stability.

## **THE GROWING CONVERGENCE OF SECURITY AND DEFENSE**

While the conceptual boundaries between security and defense remain clear, the text highlights that modern threats increasingly blur these distinctions. Critical infrastructure digitization, AI-enabled attacks, and hybrid warfare tactics create interdependencies that neither domain can address alone.

The Russo-Ukrainian conflict illustrates this convergence, where “kinetic warfare, cyber disruptions (e.g., Viasat satellite hack), and deepfake propaganda” were deployed simultaneously, overwhelming traditional defense structures. Similarly, the fact that 90% of critical infrastructure is privately owned demonstrates how private-sector security capabilities directly influence national defense readiness.

Public-private partnerships such as the Joint Cyber Defense Collaborative (JCDC) exemplify how operational security functions now support broader defense objectives, enabling real-time threat intelligence sharing and coordinated response.

## **IMPLICATIONS FOR AN INTEGRATED FRAMEWORK**

The distinction between security and defense shapes how institutions allocate resources, design policies, and coordinate responses. However, siloed approaches are increasingly inadequate. As threats become more interconnected, effective protection requires:

- Zero Trust architectures as a foundational mandate for both civilian and defense networks.
- Ethical and regulatory controls for military AI, ensuring human oversight and preventing autonomous escalation.
- Cross-sector collaboration, enabling real-time threat intelligence sharing between governments and private entities.
- Geopolitical risk integration, aligning national defense strategies with cyber resilience and infrastructure protection.

In this sense, security and defense remain conceptually distinct but must function as mutually reinforcing components of a unified protection ecosystem.

## **TOWARD AN INTEGRATED SECURITY FRAMEWORK: BRIDGING CYBERSECURITY, PHYSICAL DEFENSE, AND GEOPOLITICAL STRATEGY**

The rapidly evolving threat landscape demands a paradigm shift in security and defense strategies, moving beyond siloed approaches toward adaptive, multi-layered frameworks that integrate cybersecurity, physical security, and geopolitical risk management. Traditional security models, which treat digital and physical threats as separate domains, are increasingly inadequate against adversaries who exploit vulnerabilities across both spheres. To counter these hybrid threats, a cohesive defense strategy must merge technological innovation, policy reform, and cross-sector collaboration.

### **ZERO TRUST AS A FOUNDATIONAL SECURITY MANDATE**

A critical pillar of this integrated framework is the widespread adoption of Zero Trust Architecture (ZTA), which operates on the principle of “never trust, always verify”. Unlike perimeter-based models that assume internal networks are secure, Zero Trust enforces continuous authentication, least-privilege access, and micro-segmentation to contain breaches. The National Institute of Standards and Technology [4] has mandated Zero Trust for U.S. critical infrastructure, citing its effectiveness in mitigating ransomware and insider threats. Empirical studies show that organizations implementing ZTA reduce breach incidents by 40% compared to legacy systems [1]. However, challenges remain – particularly in retrofitting outdated infrastructure and ensuring interoperability across sectors. Policymakers must prioritize funding for Zero Trust migration, especially for energy grids, healthcare systems, and financial networks, where a single breach could have cascading societal impacts.

### **ETHICAL AND REGULATORY CONTROLS FOR MILITARY AI**

AI is revolutionizing defense capabilities, enabling autonomous threat detection, predictive analytics, and drone swarm coordination. Yet, its dual-use nature poses existential risks: AI-powered cyberweapons, deepfake propaganda, and algorithmic bias in targeting systems could escalate conflicts unpredictably. The United Nations Interregional Crime and Justice Research Institute warns that unregulated military AI could lead to “flash wars” – rapid, uncontrolled escalations triggered by autonomous systems misinterpreting data. For instance, an AI-driven missile defense system might misclassify a civilian aircraft as a threat, sparking unintended retaliation. To mitigate these risks, the integrated security framework must include:

- Global treaties akin to the Geneva Conventions, banning AI-enabled weapons that operate without human oversight.
- Algorithmic transparency requirements for defense contractors, ensuring AI decision-making is auditable.
- Red-team exercises to stress-test AI systems against adversarial manipulation [2].

### **PUBLIC-PRIVATE PARTNERSHIPS AGAINST HYBRID THREATS**

Hybrid warfare blurs the lines between cyberattacks, economic coercion, and physical sabotage, requiring collaborative defenses that leverage both government intelligence and private-sector innovation. The U.S. Department of Homeland Security emphasizes that 90% of critical infrastructure is privately owned, making corporate entities prime targets – and essential partners – in national defense. Successful models include (Table 2):

- Joint Cyber Defense Collaborative (JCDC): A DHS-led initiative where tech firms like Microsoft and Google share threat intelligence in real time.
- NATO’s Industry Cyber Partnership: Shields defense supply chains from state-sponsored hackers.

**Table 2.** Successfully models for defense of critical infrastructure.

Mechanism	Example	Impact
Threat Intel Sharing	JCDC (Microsoft/CISA)	60% faster breach containment
Cyber Insurance	Marsh McLennan’s parametric policies	Reduced ransom payments by 28%

However, barriers like data-sharing hesitancy and misaligned incentives hinder progress. Legislating liability protections for companies that cooperate with agencies, alongside tax incentives for cybersecurity investments, could bridge this gap.

### GEOPOLITICAL RISK INTEGRATION

Security frameworks must also account for geostrategic shifts. Viasat satellite demonstrated how cyberattacks were timed with kinetic strikes, crippling communications. Analysts recommend:

- “Cyber NATO” Collective Defense Pacts: Automatic retaliation thresholds for severe attacks.
- Resilience Stress-Testing: Simulating multi-domain attacks (e.g., power grid takedowns during elections) to identify single points of failure.

### THE PATH FORWARD

The future of security hinges on integration – merging Zero Trust’s technical rigor, AI’s predictive power, and geopolitical foresight into a unified defense paradigm. Key steps include:

- Mandating Zero Trust compliance for critical sectors, backed by federal funding.
- Adopting binding AI warfare treaties to prevent autonomous escalation.
- Expanding public-private threat-sharing networks with legal safeguards.

As threats grow more sophisticated, so too must our defenses – not just reacting to attacks, but anticipating and disrupting them through technology, policy, and global cooperation.

### TOWARD A UNIFIED FUTURE OF SECURITY AND DEFENSE

The evolution of security threats – from traditional military confrontations to sophisticated cyber-physical hybrid warfare – demands a fundamental rethinking of defense strategies. This study has examined the critical intersections of Zero Trust architectures, AI-driven security systems, and hybrid warfare adaptations, addressing three core hypotheses through empirical analysis and trend forecasting. The findings underscore the necessity of integrated, interdisciplinary approaches to counter modern threats effectively.

### KEY FINDINGS AND IMPLICATIONS

Zero Trust as a Security Imperative (**H<sub>1</sub>** supported): organizations adopting Zero Trust architectures experienced 40% fewer breaches compared to those relying on perimeter-based models [13].

However, challenges like high implementation costs and legacy system compatibility hinder widespread adoption. Policymakers must prioritize funding and standardization [4] to ensure critical infrastructure resilience.

AI's Dual-Edged Role in Security (**H<sub>2</sub>** partially Supported): AI-enhanced surveillance systems reduced incident response times by 35%, validating their potential in physical security.

Yet, false positives, ethical concerns (e.g., bias in facial recognition), and risks of autonomous weaponization highlight the need for strict regulatory frameworks. Global treaties, akin to the Geneva Conventions for AI, are urgently needed to mitigate escalation risks.

The Ascendancy of Hybrid Warfare (**H<sub>3</sub>** emerging): cyber conflicts are rising in frequency, but conventional warfare persists. By 2030, cyber operations may surpass kinetic conflicts as the dominant threat vector.

Nation-states must invest in “Cyber NATO” collective defense pacts and resilience stress-testing to counter blended threats.

## **BRIDGING RESEARCH GAPS**

This study addressed three critical gaps:

- Zero Trust's empirical validation through comparative breach analysis.
- AI's risk-reward trade-offs in physical security via controlled experiments.
- Hybrid warfare's trajectory using conflict databases.

Future research should explore:

- Cost-benefit analyses of Zero Trust migration for SMEs.
- Adversarial AI robustness to prevent exploitation by malicious actors.
- Cross-domain deterrence strategies for hybrid warfare.

## **POLICY RECOMMENDATIONS**

To build a resilient security ecosystem, stakeholders must:

- Mandate Zero Trust adoption for critical sectors, supported by subsidies and technical guidance [4].
- Regulate military AI with binding treaties to prevent autonomous arms races.
- Strengthen public-private partnerships via incentives (e.g., liability protections, tax breaks) for threat intelligence sharing.

## **CONCLUSION – FINAL OUTLOOK**

The future of security is increasingly defined by integrative frameworks that synthesize technological innovation, regulatory coherence, and transnational cooperation into a unified analytical paradigm. Contemporary research across cybersecurity studies, international relations, and complex systems theory demonstrates that security challenges now emerge from interdependent socio technical networks rather than isolated domains. Consequently, effective governance requires models capable of addressing multilayered risks that span digital, political, economic, and cognitive spheres.

The conceptual foundations of Zero Trust architectures, AI governance frameworks, and hybrid conflict theory collectively illustrate the inadequacy of legacy, perimeter based approaches. Empirical analyses show that adversaries exploit systemic coupling—between civilian and military infrastructures, public and private sectors, and human and automated decision making systems. This dynamic underscores the need for security models that are adaptive, anticipatory, and epistemically pluralistic.

A scientifically grounded security paradigm therefore requires interdisciplinary integration, combining computational methods with legal scholarship, ethical inquiry, and organizational science. Such an approach aligns with findings in resilience engineering, which emphasize the

importance of distributed situational awareness, cross sector information sharing, and continuous system learning. In an era characterized by accelerating interconnectivity, security must be conceptualized as a complex adaptive system, evolving in tandem with the threats it seeks to mitigate.

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