# MIND & BRAIN – 65th International Neuropsychiatric Congress, Pula, Croatia – 21st–24th May 2026

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The Congress was organized by the International Institute for Brain Health and the Society for Neuropsychiatry, together with the Department of Medical Sciences of the Croatian Academy of Sciences and Arts, the Croatian Neurological Society, the Croatian Society for Personology, Personality and Eating Disorders, the Central and Eastern European Stroke Society (CEESS), and the Croatian Stroke Society. The meeting was endorsed by the World Federation of Neurology (WFN), the European Academy of Neurology (EAN), and the European and Mediterranean League Against Thrombotic Diseases (EMLTD).

Under the presidency of Professor Vida Demarin, the Congress continued its tradition of promoting interdisciplinary collaboration between neurology, psychiatry, neuropsychiatry, and related neuroscientific disciplines.

This year, approximately 250 participants attended the Congress. The scientific program attracted experts from numerous countries, including Croatia, Slovenia, Serbia, Bosnia and Herzegovina, Austria, Italy, Germany, North Macedonia, Slovakia, Israel, Ukraine, Switzerland, France, and Australia, further strengthening the international profile of the meeting.

The first day of the Congress was dedicated to registration and opening scientific activities, including the 8th HISPA Symposium "Lifestyle and Supplementation 4 Health" and the PNEI Symposium "Psychiatry in Neurology". The scientific program continued over the following two days and consisted of two plenary sessions, sixteen scientific symposia, and four satellite symposia. In total, the Congress featured 63 scientific lectures and 7 industry-sponsored presentations.



Major scientific events included the 3rd Neurodevelopment Symposium, the Personality Pathology in Contemporary Psychiatry Symposium, the Clinical Psychoneuroendocrinoimmunology Symposium, the Stroke & Migraine Symposium, the Graz Stroke Symposium, the Neurodegenerative and Demyelinating Disorders Symposium, Neuropsychiatry sessions in neurology and psychiatry, and the traditional Psychopathology Summer School. The Academic Lecture delivered by Professor Vida Demarin focused on Psychoneuroendocrinoimmunology in Clinical Practice, while plenary lectures addressed neuroinflammation, artificial intelligence in neurology, cyberchondria, and the interaction between the immune and nervous systems.

The poster session included 62 poster presentations covering a broad range of topics from both neurology and psychiatry. As in previous years, the best contributions were recognized during the Best Posters' Awards Session, providing valuable encouragement for young researchers and clinicians.

The satellite symposia presented the latest developments in migraine prevention and treatment, multiple sclerosis, acute stroke management, and neuroimmunological disorders, complementing the scientific program with clinically relevant and practice-oriented updates.

The final day of the Congress was reserved for meetings of the INPC Kuratorium, the International Institute for Brain Health, and the Central and Eastern European Stroke Society, further strengthening international scientific cooperation and future educational activities.

Over the four days, the Mind & Brain Congress once again demonstrated the importance of interdisciplinary dialogue between neurology and psychiatry. The lively scientific discussions, exchange of experiences, and establishment of new collaborations reflected the founding principles of the Pula School of Sciences and Humanities and reaffirmed the position of the International Neuropsychiatric Congress as one of the leading neuropsychiatric meetings in the region.

We look forward to another successful gathering in Pula next year in May.