

MENSTRUAL CYCLE DISTURBANCE DURING TREATMENT WITH SULPIRIDE: CASE REPORT

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We present a case of menstrual cycle disturbance during treatment with sulpiride in a patient with depressive disorder.

Patient, 36 years old, was treated under diagnose of depressive disorder for the last 12 years. She had sulpiride (daily dosage 200 mg) in therapy during previous three months, along with zolpidem (daily dosage 10 mg). The patient was feeling well, and she was able to work and be socially active. After three months of continuous therapy with sulpiride, the patient reported menstrual cycle disturbance (late menstruation), which made her feel restless. She said that she was considering stopping taking medications on her own decision, but she decided to consult psychiatrist. In the meantime, she was examined by the gynaecologist, and the examination showed that she was not pregnant. Also, there wasn't any somatic cause for such disturbance. Gynaecologist recommended psychiatric consultation. The patient was told that menstrual cycle disturbance may appear as a side effect of treatment with sulpiride. The therapy with sulpiride was discontinued and citalopram (daily dosage 10 mg) was introduced in therapy, along with zolpidem (10 mg in the evening). After one week daily dosage of citalopram was increased to 20 mg. Three weeks after discontinuation of sulpiride from therapy, patient reported that she had menstruation. Also, she said that she was feeling well (except insomnia occasionally) and that she was taking medication regularly. The therapy was continued and the patient didn't report menstrual cycle disturbance after that.