

ANNOTATED BIBLIOGRAPHY – NEW BOOKS

EDITIONS PUBLISHED BY THE FACULTY OF KINESIOLOGY, UNIVERSITY OF ZAGREB, CROATIA



PHYSICAL CONDITIONING OF ATHLETES 2005:

RECOVERY IN SPORT Proceedings of the 3rd Annual International Conference “Physical Conditioning of Athletes”, Zagreb, February 25 & 26, 2005

Editors: Igor Jukić, Dragan Milanović & Sanja Šimek

In Croatian.

Zagreb: Kineziološki fakultet, Zagrebački športski savez, Udruga kondicijskih trenera Hrvatske, 2005. (Sport Expert Library; book 30), 260 pp. Bibliography after each article.

ISBN 953-6378-50-7

Contents: Part One: Recovery in Sport; Part Two: Practical demonstrations of physical conditioning programmes.

PHYSICAL CONDITIONING OF ATHLETES

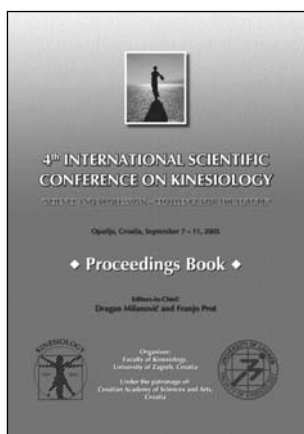
Proceedings of the 2nd & 3rd Annual International Conference Physical Conditioning of Athletes 2004, 2005 (2005)

In Croatian.

(CD-ROM), Zagreb: Kineziološki fakultet, 2005.

ISBN 953-6378-43-4 (2nd Annual Conference)

ISBN 953-6378-50-7 (3rd Annual Conference)



4th INTERNATIONAL SCIENTIFIC CONFERENCE ON KINESIOLOGY, 2005 SCIENCE AND PROFESSION – CHALLENGE FOR THE FUTURE

Proceedings of the 4th International Scientific Conference on Kinesiology, Opatija, Croatia, September 7-11, 2005

Editors: Dragan Milanović & Franjo Prot

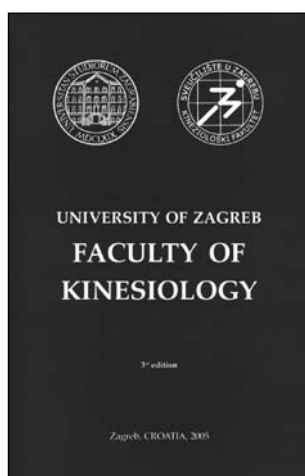
Zagreb: Faculty of Kinesiology, University of Zagreb, 2005, 873 pp.

Bibliography after each article.

ISBN 953-6378-52-3 (Book)

ISBN 953-6378-53-1 (CD)

Contents: 1. Key-Note Lectures; 2. Sections (Topic Oriented Sessions) Physical Education; Management of Sport – Developmental Aspects of Tourism and Sports; Sport for All, Fitness and Health-related Activities; Physical Conditioning; Top-level Sport (Analysis of Sport Activities, Analysis of Athletic Preparedness; Programmed Training); Biology and Medicine of Sport and Exercise; Sport Psychology; Research Methodology; Sociology, History and Philosophy of Sport; Applied Physical Activity and Sport for the Disabled; Biomechanics.



**FACULTY OF KINESIOLOGY
University of Zagreb, 3rd edition**

Editor-in-Chief: Mato Bartoluci

A booklet about the Faculty.

Zagreb: Faculty of Kinesiology, University of Zagreb, 2005, 36 pp.

ISBN 953-6378-51-5

Contents: University of Zagreb; Faculty of Kinesiology, Board of Governors; Historical Overview; Organisation; Educational Mission – Studies; Accompanying Forms of Education; Scientific Research Activities; Journal Kineziologija / Kinesiology; Cooperation and Foreign Contacts; Facilities and Equipment; List of Employees; Contacts.



Igor Jukić & Goran Marković

PHYSICAL CONDITIONING RESISTANCE EXERCISES

A textbook for the compulsory subject Basic Physical Conditioning and for the elective module Physical Conditioning of Athletes.

In Croatian.

Zagreb: Faculty of Kinesiology, University of Zagreb, 2005, 416 pp.; illustrated.

Bibliography.

ISBN 953-6378-55-8

Contents: 1. Introduction; 2. Chest Resistance Exercises; 3. Shoulder Resistance Exercises; 4. Back Resistance Exercises; 5. Biceps Resistance Exercises; 6. Triceps Resistance Exercises; 7. Forearm Resistance Exercises; 8. Neck and Trapezius Resistance Exercises; 9. Abdominal Resistance Exercises; 10. Hip Resistance Exercises; 11. Quadriceps Resistance Exercises; 12. Hamstrings Resistance Exercises; 13. Leg Resistance Exercises - Abductors and Adductors; 14. Lower Leg Resistance Exercises; 15. Combined Resistance Exercises; 16. Olympic Weightlifting Exercises.



GUIDELINES TO THE STUDY

(Faculty of Kinesiology, University of Zagreb)

Academic year 2005/2006

Editor-in-Chief: Dragan Milanović;

Photographs: Emil Hofman

In Croatian.

Zagreb: Faculty of Kinesiology, University of Zagreb, 2005, 104 pp.

ISSN 1845-8254

Contents: Dean's Address; A Word from Students; About the Faculty; Study Curricula; Instructors; Admission; Academic Progress - Legislation; Organisation and Contacts.

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