

## DETERMINATION OF *ASPERGILLUS FUMIGATUS* ALLERGEN 1 IN POULTRY FARMS USING THE ENZYME IMMUNOASSAY

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Poultry farms contain high levels of allergenic fungi, and *Aspergillus* spp. is the most common genus of moulds. *Aspergillus fumigatus* antigens are responsible for the development of several respiratory diseases including asthma. The aim of this study was to measure the mass fraction of Asp f 1, a major allergen of *Aspergillus fumigatus* in 37 indoor dust samples collected from four poultry farms in a rural area of the Zagreb County (Croatia) using the enzyme-linked immunosorbent assay. More than 62 % of dust samples had detectable Asp f 1 levels (limit of detection 3.6 ng g<sup>-1</sup>). The overall mean Asp f 1 level was 17.9 ng g<sup>-1</sup> [range (3.8 to 72.4) ng g<sup>-1</sup>]. Satisfactory results were obtained for analytical within-run imprecision (6.7 %), between-run imprecision (10.5 %), and accuracy (91 % to 115 %). Microclimate parameters (air temperature, relative humidity, and velocity) were within the recommended ranges in all poultry farms. This study has shown that Asp f 1 settles on dust at poultry farms and that occupational exposure to this allergen deserves monitoring in livestock buildings.

**KEY WORDS:** *Asp f 1, ELISA, farm workers, A. fumigatus, mould, mould allergen*

Poultry farms contain high levels of microorganisms (bacteria, fungi, moulds) and microbial products (endotoxins, mycotoxins, glucans) during common, daily operations. In the recent years, exposure to allergenic moulds is of growing concern in various animal houses (swine, poultry, dairy). *Aspergilli*, particularly *Aspergillus versicolor* (*A. versicolor*) and *Aspergillus fumigatus* (*A. fumigatus*) dominate in indoor mould-contaminated environments (1) and were identified in livestock buildings, including poultry farms (2-4). The conidia of *A. fumigatus* are relatively small (<3 µm in diameter) and easily deposit in human or animal lung, causing several respiratory diseases (5-7). They may contribute to higher prevalence of chronic bronchitis, reduced lung function, airway inflammation, and toxic pneumonitis in poultry farm workers (8-10). In stabled horses,

inhalation of mould antigens reflected in a significant lung dysfunction with recurrent airway obstruction (heaves) (11, 12).

Spores and hyphae of *A. fumigatus* contain numerous aeroallergens (13, 14). Asp f 1 (18-kDa protein) belongs to the ribotoxin family and is the major allergen of *A. fumigatus* (15, 16). Germination of *A. fumigatus* conidia increases the expression of Asp f 1 allergen from spores and hyphae and the related inhalant hazard (17-19). Multiplication of moulds in poultry farms is influenced by atmospheric conditions, outdoor-indoor spore transport, environmental parameters, maintenance activity, and overall hygienic conditions (20, 21). Therefore, colonisation of *A. fumigatus* in reservoir dust can affect their allergen level considerably. However, there is not much information available on the Asp f 1 allergen level

in animal farming environments. In our recent study, settled dust was found to be a secondary source of exposure to *Alternaria alternata* allergen Alt a 1 in poultry farms (21).

Evaluating the role of mould allergens in occupational environments requires a reliable method for their detection. To date, analysis of mould exposure has not been standardised, and mould allergens have been less investigated. Indoor mould exposure is most frequently studied using both the microscopic (total spore count) and culture-based (cfu count) scoring methods for airborne or settled dust samples (22). However, mould allergens are released together with spores and hyphae from contaminated surfaces and these identification methods may underestimate actual exposure. Furthermore, fungal allergens are capable of causing health effects by means of hyphal fragments and not just by inhalation of intact spores. This is why exposure assessment should include methods detecting mould allergens or their fragments (23). There are several such methods, including halogen immunoassays and the enzyme-linked immunosorbent assay (ELISA), using monoclonal (mAbs) or polyclonal antibodies (pAbs) (24). The ELISA assay has established itself as a reference standard for indoor allergen exposure assessment in house dust (25). However, household application of this assay for fungal allergen determinations has its limitations, as *Asp f 1* and Alt a 1 allergens are rare in residential dust (26). In contrast, our earlier study has shown widespread distribution of dust-borne Alt a 1 in poultry farms in a rural area of the Zagreb County, Croatia (21). To our knowledge, no data have been published so far on *Asp f 1* content in various agricultural environments. Therefore, the aim of this pilot study was to determine *Asp f 1* levels in settled dust samples collected from four poultry farms in a rural area of the Zagreb County (Croatia).

## MATERIALS AND METHODS

### *Poultry farms*

Four poultry farms were included in this study. At poultry farms 1 and 3, laying hens for eggs production were bred in conventional cages. Each dwelling housed about 10,000 laying hens. The buildings had no windows, but used forced ventilation, and the microclimate was regulated automatically. At

poultry farm 2, laying hens (about 1000) and roosters (parent flock) were bred in cage-free conditions. Microclimate was regulated manually. Poultry farm 4, accommodating 22,000 broilers and laying hens, was a prefab building fitted on concrete foundations, the floor had a 10 cm deep sawdust litter layer, and used forced ventilation. At each poultry farm, air temperature, relative humidity, and airflow were measured at five locations using a Testo 400 device (Testo Inc. Lenzkirch, Germany).

### *Dust collection and extraction*

We found no visible signs of mould contamination at the studied locations. Thirty-seven bulk dust samples were collected from the four poultry farms in February-April 2007 as a part of a research project evaluating fungal and mite exposure in poultry farms.

All dust samples were collected from the floors of different locations between 7 and 9 a. m. Samples were placed in sterile plastic bags and stored at -20 °C until extraction. Before extraction, large debris was removed from the dust samples using a 300 µm sieve. 100-mg aliquots of fine dust were extracted with 2 mL of phosphate-buffer saline containing 0.05 % Tween (Merck) (PBS-T) as described elsewhere (27). The supernatants were stored at -20 °C until analysis.

### *ELISA for Asp f 1*

The concentration of *Asp f 1* was determined using a commercial ELISA kit (Indoor Biotechnologies Ltd, Cardiff, UK) as described elsewhere (18). Mouse anti-*Asp f 1* monoclonal Ab (clone 4A6, isotype IgG1) (Product code: MA-4A6; lot no. 2764) was used as capture antibody, and rabbit polyclonal anti-*Asp f 1* (Product code: PA-AF1; lot no. 2765) as detecting antibody. This antiserum contains IgG to *Asp f 1* and antibodies to other *Aspergillus* allergens. Purified natural *Asp f 1* extract (400 ng *Asp f 1* per 1 mL) was used as a reference standard (Product code: ST-AF1; lot no. 2521). By doubling the dilutions of this standard (from 100 ng mL<sup>-1</sup> to 0.03 ng mL<sup>-1</sup>) we formed a standard curve. Standards and dust extracts were diluted in PBS-T containing 1 % bovine serum albumine (BSA)(Sigma; lot no. 017K0775) (PBS-T-BSA).

Ninety-six-well Maxisorps plates (Nunc, Roskilde, Denmark) were coated with 100 µL of mouse mAb (10 µL per 10 mL of 50 mmol L<sup>-1</sup> carbonate-bicarbonate buffer, pH 9.6) at room temperature

over night. After washing with PBS-T three times, the plates were blocked with PBS-T-BSA (300  $\mu$ L per well) for 30 min and washed. The plates were then incubated with dust extracts diluted two to eight times and serially diluted standards for 1 h. After three washing steps, the plates were incubated (100  $\mu$ L per well) with rabbit anti-*A. fumigatus* pAb (10  $\mu$ L per 10 mL of PBS-T-BSA) for 1 h. Then the wells were washed and bound Asp f 1 was treated (100  $\mu$ L per well) with peroxidase-conjugated goat anti-rabbit IgG as detecting antibody (10  $\mu$ L per 10 mL of PBS-T-BSA, Cat. # 111-036-046) (Jackson Immunoresearch Laboratories, Inc., West Grove, PA). After additional 1-hour incubation, the plates were aspirated again and extensively washed in PBS-T buffer four times. The assay was performed by adding a substrate solution (100  $\mu$ L per well) of TMB (Tetramethylbenzidine) and peroxide (Adaltis, Italy), and the reaction was stopped using sulphuric acid (1.0 mol L<sup>-1</sup>). Optical density was determined at 450 nm on a PersonalLab microplate reader (IASON, Graz, Austria). The analyses were carried out in triplicate. Results for dust extracts were calculated from blank-corrected absorbance values using linear regression analysis and are expressed as ng of Asp f 1 per g of sieved dust (ng g<sup>-1</sup>).

#### Analytical validation

Intra-assay imprecision was determined as coefficient of variation (%) from daily replicate analyses (n=20) of one dust extract containing low Asp f 1 level. Inter-assay imprecision was determined by repeated determination of the same control extract over five days (four repetitions a day). Accuracy was evaluated by calculating recovery (%) of Asp f 1 measurements using repeated analyses of dust extract spiked with diluted standard (0.12 ng mL<sup>-1</sup>, n=5). Limit of detection (LOD) was calculated by measuring the absorbance of 10 replicates of blank + 3 standard deviations.

#### Statistics

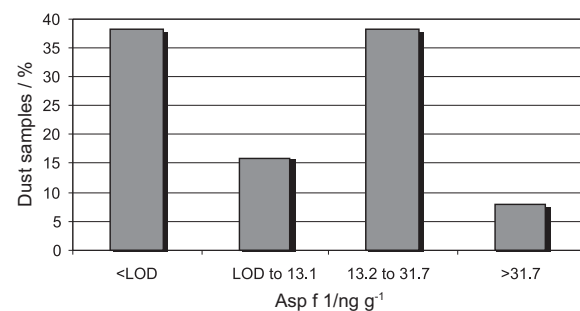
All data were analysed using the statistical analysis package Statistica for Windows release 5.5 (StatSoft Inc., USA). The results are presented as median, range (minimum-maximum), and the percentile (25<sup>th</sup>, 75<sup>th</sup>, 90<sup>th</sup>) as a measure of variation (interquartile range). Mann-Whitney test was used to test the significance of the difference between Asp f 1 levels in poultry farms. All samples with concentrations below limit of detection were assigned a value of two-thirds of

the detection limit. The level of significance (P) was set at 0.05.

Because there are no established standard limits for mould allergens, Asp f 1 levels were divided into four groups: undetectable (<LOD), very low (LOD to 25<sup>th</sup> percentile), low-to-moderate (25<sup>th</sup> to 90<sup>th</sup> percentile), and elevated (>90<sup>th</sup> percentile).

## RESULTS AND DISCUSSION

Our results show that 62 % of dust samples collected at poultry farms had a detectable Asp f 1 level (Figure 1). Dust-borne Asp f 1 level was low (median=17.9 ng g<sup>-1</sup> fine dust, n=23), but varied (up to 20 times) between the farms. At poultry farm 3 it was significantly lower (P<0.05) than at poultry farms 1 and 2. Only at farm 4, Asp f 1 was below the detection limit in all dust samples (Table 1). High Asp f 1 (>31.7 ng g<sup>-1</sup> or >90<sup>th</sup>) levels were found in only three dust samples (Figure 1). To our knowledge, there is no information about Asp f 1 levels at poultry farms published in literature.



**Figure 1** Percentage (%) of dust samples (n=37) from poultry farms by Asp f 1 level (ng g<sup>-1</sup>): below the level of detection (<LOD; 3.6 ng g<sup>-1</sup>), LOD to 25<sup>th</sup> percentile (very low), 25<sup>th</sup> to 90<sup>th</sup> percentile (low-to-moderate), and >90<sup>th</sup> percentile (high).

Outdoor measurements of airborne Asp f 1 are scarce. *Aspergillus* is less common outdoors in any season and is considered the major indoor mould. In this study, we took samples from poultry farms in the early spring when outdoor airborne *Aspergillus* spores are extremely low (up to 4 cfu m<sup>-3</sup>) in this geographic area (28) and so is the release of Asp f 1 from germinating mycelia. Although we have not scored *A. fumigatus* spores in indoor dust samples, our results suggest that the majority of dust-borne Asp f 1 in poultry farms originate from indoor *A. fumigatus* multiplication, rather than from outdoor-to-indoor

**Table 1** The Asp f 1 median mass fraction (ng g<sup>-1</sup> fine dust), percentile (25<sup>th</sup> to 90<sup>th</sup>), and ranges (min-max) in floor dust samples (n=37) collected at four poultry farms near Zagreb

Poultry farm	n	N (%)	Asp f 1 / ng g <sup>-1</sup>					
			min	25 <sup>th</sup>	Median	75 <sup>th</sup>	90 <sup>th</sup>	max
Farm 1	17	15 (88)	4.3	13.8	19.7**	25.2	31	72.4
Farm 2	5	4 (80)	13.1	16.7	21**	35	54.6	67.7
Farm 3	7	4 (57)	3.8	4.1	11*	19	21.2	22.8
Farm 4	8	0 (0)	-	-	-	-	-	-

n – number of samples, N – number of positive samples  
\*(P<0.05), \*\*(P>0.05)

**Table 2** Microclimate parameters at the four poultry farms near Zagreb during sampling (ranges of means, n=5)

Microclimate parameters	Farm 1	Farm 2	Farm 3	Farm 4
Air temperature / °C	15 to 19	13 to 17	22 to 27	15 to 21
Relative humidity / %	60 to 72	58 to 67	49 to 70	60 to 69
Airflow velocity / m s <sup>-1</sup>	0.14 to 0.67	0.15 to 0.53	0.07 to 0.1	0.17 to 0.31

spore transport. These results are in accordance with Chew et al. (29), who have found that fungal spores can grow and produce new spores in indoor settled dust. Therefore, settled dust can be a secondary source of exposure to Asp f 1 allergen in poultry farms. In addition, indoor dust can be a source of nutrients for aspergilli, which can partly explain their colonisation on moist indoor surfaces (30). Several studies found that most *Aspergilli* grow optimally at temperatures between 22 °C and 26 °C and that humidity increases the proliferation of dust mites and moulds (20, 31). Therefore, control of microclimate parameters (temperature, relative humidity, and air velocity) in various animal confinement buildings is extremely important for animal and human health. Furthermore, these microclimate parameters are the greatly affect bioaerosol settling, including mould allergens (32). The recommended temperature is from 15 °C to 20 °C for laying hens and from 18 °C to 20 °C for broilers; relative humidity from 60 % to 70 %, and airflow rate from 0.2 m s<sup>-1</sup> to 0.5 m s<sup>-1</sup> (33, 34). Microclimate parameters in our study were within the recommended ranges in all poultry farms (Table 2). Other factors, such as maintenance (feeding, manure removal), animal population density, routine cleaning activities, and hygienic conditions (20, 35) could have affected the dust-borne Asp f 1 levels at poultry farms 1-3 (Table 1). Other plausible factors are farm construction and availability of a substrate on which moulds can grow (36). Identification of indoor Asp f 1 requires urgent risk management due to potentially

pathogenic allergic and toxic effects on animals and workers (37). Mould allergens should primarily be eliminated with major allergen reservoirs such as settled dust. The growth of *A. fumigatus* (including Asp f 1) can be reduced using commercially available products (38). Extensive literature reported that long-term exposure to even small doses of living or dead fungal propagules containing fungal allergens may modulate the immune response in occupants with normal immune status (6, 39).

Unlike poultry farms of the Zagreb County, none of the 30 urban households in the city of Zagreb, studied within our research project which includes this study, showed no detectable Asp f 1 (data not presented), which corroborates the finding of Sporik et al. (18) and Ryan et al. (40).

In our recent study, we estimated the levels of mould *A. alternata* (Alt a 1) allergen (range from 0.1 µg g<sup>-1</sup> to 14 µg g<sup>-1</sup>) at poultry farms (21). Compared with Alt a 1, median Asp f 1 mass fraction in dust samples from poultry farms was 21 times lower. It is generally accepted that settled dust is the best proxy for long-term exposure to allergens at home and work (29, 41). Dust sampling is also used to determine the effectiveness of remediation of contaminated indoor surfaces (42). Furthermore, quantitative measurements of mite and pet allergens in settled dust have provided data about the relationship between allergen exposure and sensitisation (43). However, currently there are no standard limits for acceptable mould allergen levels in dust samples. Recently, Salo et al. (44) proposed a

cut-off point of  $7 \mu\text{g g}^{-1}$  for *A. alternata* antigens in household dust.

To our knowledge, the application of ELISA in determining Asp f 1 has not been validated for agricultural studies. The results of this study show that, with its limit of detection of  $3.6 \text{ ng g}^{-1}$ , capture ELISA is a rapid and highly sensitive method for determining dust-borne Asp f 1. This LOD is comparable to  $5 \text{ ng g}^{-1}$  in a study by Ryen et al. (40) and is lower than the LOD  $0.12 \mu\text{g g}^{-1}$  for Alt a 1 (21). Intra- and inter-assay imprecision for Asp f 1 were 6.7 % and 10.5 %, respectively, and the accuracy was 91 % to 115 %, which is completely satisfactory.

Fungi make numerous, common antigenic proteins, which can influence the specificity of the method. Asp f 1 is a species-specific allergen (17). However, the cross-reactivity with related proteins from phylogenetically distant species could not be excluded (45). Our results should be confirmed in other poultry farms in various geographic locations. Furthermore, as single determinations of mould allergens (similar to those for mite allergens) give limited information, repeated measurements are recommended.

In addition to allergens, poultry farms are also sources of endotoxin-rich bioaerosols (20, 46). Bacterial endotoxins may act synergistically with *Aspergillus fumigatus* antigens and lead to pulmonary disease of horses (heaves), similar to human occupational asthma in workers chronically exposed to organic dust in animal housing facilities (poultry, swine, dairy) (47). Finally, *Aspergillus* spp. are known to produce mycotoxins, and most of the cases of mycotoxin exposure have been described among farm workers and persons processing mouldy materials (37). Therefore, occupational exposure to *A. fumigatus* in poultry farms deserves monitoring. The contribution of airborne Asp f 1 to total mould exposure in poultry farms should be further characterised.

## CONCLUSIONS

Even though there are several limitations to this study, including the small sample size, inconsistency between the number of samples collected from each farms, and different hygienic conditions between the farms, this pilot study has merits of its own. It has shown that Asp f 1 settles on dust at poultry farms if hygienic conditions are not satisfactory. Reservoir dust may become a hazardous secondary source of exposure to *Aspergillus* spp., for both worker and

animal health. It has also shown that capture ELISA is a suitable assay for quantifying and monitoring dust-borne Asp f 1 and for assessing exposure to *A. fumigatus* at poultry farms. Considering the significant seasonal variation in indoor fungal levels, longitudinal surveys of air and dust samples could give an even clearer insight into mould allergen exposure in this environment.

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## Sažetak

### ODREĐIVANJE ALERGENA Asp f 1 (*ASPERGILLUS FUMIGATUS*) U PERADARNIKU ENZIM- IMUNOKEMIJSKOM METODOM

Peradarnici sadržavaju veliku koncentraciju alergeni plijesni, a rod *Aspergillus* najčešće je zastupljen. Antigeni soja *Aspergillus fumigatus* odgovorni su za nastanak nekoliko respiratornih bolesti uključujući astmu. Cilj ovoga rada bio je odrediti masenu frakciju Asp f 1, glavnog alergena soja *Aspergillus fumigatus* u 37 uzoraka prašine uzorkovanih u četiri peradarnika sa šireg područja Zagrebačke županije rabeći enzim-imunokemijsku metodu. Više od 62 % uzoraka prašine u tri peradarnika imalo je mjerljivu koncentraciju Asp f 1 (granica detekcije = 3.6 ng g<sup>-1</sup>). Ukupni srednji maseni udio Asp f 1 iznosio je 17.9 ng g<sup>-1</sup> (raspon od 3.8 ng g<sup>-1</sup> do 72.4 ng g<sup>-1</sup>). Dobiveni su zadovoljavajući rezultati za analitičku nepreciznost u seriji (6.7 %), nepreciznost iz dana u dan (10.5 %) i točnost (91 % do 115 %). Mikroklimatski parametri (temperatura zraka, relativna vlaga i protok zraka) u svim peradarnicima bili su u okviru preporučenih vrijednosti. Rezultati ovoga rada pokazuju da Asp f 1 sedimentira na prašinu u peradarnicima te da profesionalnu izloženost tom alergenu treba pratiti u jedinicama za uzgoj stoke.

**KLJUČNE RIJEČI:** *alergeni plijesni, Asp f 1, A. fumigatus, ELISA, plijesni, radnici na peradarskoj farmi*

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