

Free and Bound Sulphur Containing and Other Volatile Compounds from Evergreen Candytuft (*Iberis sempervirens* L.)

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Volatile fractions of evergreen candytuft, *Iberis sempervirens* (Brassicaceae), were isolated by simultaneous hydrodistillation-extraction from fresh plant material prior and after autolysis and from dried plant material and were then analyzed using GC and GC-MS. Isothiocyanates, nitriles, aliphatic alcohols, carbonyls, fatty acids, hydrocarbons, terpene compounds, C₁₃-norisoprenoids and phenylpropane derivatives were identified – thirty-nine components in all. Major components of all samples were: 3-butenyl isothiocyanate (17.4–63.3 %), 5-methylthiopentanitrile (2.2–9.5 %), 4-methylthiobutanitrile (4.8–6.9 %), allyl isothiocyanate (4.0–6.6 %), 4-methylthiobutyl isothiocyanate (2.9–6.2 %) and 3-methylthiopropyl isothiocyanate (1.3–3.4 %). Oil isolated after autolysis is more complex than the other two oils. It is composed of a large number of compounds. Some of them are identified as *O*-aglycones such as eugenol, (*Z*)-3-hexene-1-ol and 1*H*-indole. *O*-glycosides of volatile compounds were isolated from fresh plant material and purified by selective extraction and column chromatography. After hydrolysis with β -glucosidase, the liberated volatile aglycones were also analyzed by GC and GC-MS. Nineteen aglycones were identified. The main aglycones identified were: eugenol (15.2 %), 2-phenylethanol (12.9 %), 2-hydroxy- β -ionone (10.6 %), 2-*tert*-butyl-5-methylphenol (9.2 %) and methyl-2,5-dihydroxybenzoate (4.5 %).

INTRODUCTION

Iberis sempervirens L. belongs to the Brassicaceae family. Plants of this family contain glucosinolates. Glucosinolates are a class of about 120 naturally occurring thioglucosides found in fifteen botanical families. The best-known family is Brassicaceae, which includes many plants that are important as human and animal food. These are cabbage, cauliflower, broccoli, horseradish, mustard, radish, turnip and oilseed rape. Glucosinolate breakdown products, which include nitriles, isothiocyanates, thiocyanates, epithionitriles and oxazolidine-2-

thiones, are responsible for the biting taste and characteristic flavours of these vegetables. The presence of some glucosinolates in agricultural crops, such as oilseed rape and vegetables, is undesirable because of the toxic effects of their breakdown products. The glucosinolates from broccoli, cabbage and cauliflower have anticarcinogenic properties,^{1–4} notably their aglucone sulphoraphane (*R*)-4-methylsulphinylbutyl isothiocyanate.^{5,6} Unfortunately, some isothiocyanates show mutagenic potential in mammalian cells.⁴ Glucosinolate breakdown products have been also proposed to act as alle-

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EXPERIMENTAL

Reagents

Solvents and β -glucosidase were purchased from Fluka Chemie, Buchs, Switzerland. Octyl- β -D-glucopyranoside, silica gel for column chromatography (Kieselgel 60, 0.040–0.063 mm), pre-coated silica plates (Kieselgel 60, thickness 0.2 mm) for thin layer chromatography, ammonia, and sodium sulphate were obtained from Merck, Darmstadt, Germany.

Plant Material

Plant material of evergreen candytuft, *Iberis sempervirens*, was collected in November 2004. The plants were cultivated near Sinj, in southern Croatia. Fresh plant material was used (stems *ca.* 15 cm, with leaves). The remaining part of plant material was dried in a shaded place at room temperature for fifteen days. The voucher specimens (No. 0011010–20) are deposited at the Department of Organic Chemistry and Natural Products, Faculty of Chemical Technology, Split.

Isolation of Volatiles

The volatiles were isolated from fresh and dried plant material (200 or 100 g) by simultaneous hydrodistillation-extraction in a Likens–Nickerson apparatus for 3 hours using pentane-ether, $\psi = 1:1$ for trapping. After distillation, the pentane-ether extract was separated and dried over anhydrous sodium sulphate. The extract was made to a small volume (*ca.* 3 mL) and 1 μ L of this solution was used for each GC and GC-MS analysis.

Autolysis and Volatiles Isolation

Fresh plant material (200 g) was ground (in a coffee grinder), stirred with 200 mL of water, and allowed to autolyse at 27 °C for 24 hours. Volatile compounds were isolated under the same distillation conditions in a Likens–Nickerson apparatus and analyzed by GC and GC-MS.

O-Glycosides Isolation

A hundred grams of fresh plant material was submitted to boiling water (400 mL) for 20 min to inactivate enzymes and simultaneously extract water soluble compounds and partially remove volatile compounds by evaporation. Thereafter, the aqueous extract was separated, and the residual plant material was ground and extracted once more with boiling water (300 mL). The pooled aqueous extracts were concentrated to 50 mL in a rotating evaporator under reduced pressure. Ballast components were removed by precipitation with ethanol (300 mL). Final precipitation of acidic ballast compounds was performed in an ethanol solution (almost non-aqueous) with several drops of conc. ammonia. Finally, purification was carried out by flash chromatography on a silica gel column applying ethyl acetate : ethanol : ammonia, $\psi = 6:3:1$. TLC analyses showed the absence of free carbohydrates in the glycosidic fraction.

The obtained glycosidic fraction was concentrated to dryness, dissolved in a citrate buffer (pH = 5.5; 5 mL), octyl- β -D-glucoside (500 μ g; internal standard for glycosides) was added, and the remaining volatile compounds in traces were removed with pentane-dichloromethane extraction as described in a previous paper.¹⁶

O-glycosides Hydrolysis

β -Glucosidase from almonds (20 mg, 5–8 units/mg) was added to the glycosidic solution along with 3 mL pentane to trap the liberated aglycones. Hydrolysis was carried out for 72 h at 30 °C with the mixture being shaken occasionally. After hydrolysis, the pentane layer was separated and the remaining aglycones were extracted from the aqueous layer with pentane (10 \times 2 mL). The combined pentane extract was dried (Na_2SO_4) and concentrated to the final volume of 0.5 mL, and 1 μ L was used for GC and GC-MS analyses.

Gas Chromatography (GC-FID)

Gas chromatography analysis was performed on a Hewlett-Packard Model 5890 Series II gas chromatograph equipped with a flame ionization detector and capillary column HP-101 (Methyl silicone fluid), 25 m \times 0.2 mm i.d., coating thickness 0.2 mm. Chromatographic conditions were as follows: helium as carrier gas at 1.0 mL/min; injector and detector temperatures, 250 °C and 300 °C. Oven temperature was isothermal at 70 °C for 2 min, then increased to 200 °C at a rate of 3 °C min⁻¹ and held isothermal for 15 min. Volume injected was 1 mL. Split ratio was 1:50.

Gas Chromatography-Mass Spectrometry (GC-MS)

Isolated volatiles were also analyzed by a Hewlett Packard GC-MS (model 5890 series II) with a mass selective detector (model 5971A). Two columns of different polarity were used: a HP-101 column (dimethyl-polysiloxane fluid), Hewlett Packard; 25 m \times 0.2 mm i.d., film thickness 0.2 mm and a HP-20M column (polyethyleneglycol) Hewlett Packard; 50 m \times 0.2 mm i.d., film thickness 0.2 mm. Oven temperature was programmed as follows: isothermal at 70 °C for 4 min, then increased to 180 °C, at a rate of 4 °C min⁻¹ and subsequently held isothermal for 15 min (for HP-20M column); isothermal at 70 °C for 2 min, then increased to 200 °C at a rate of 3 °C min⁻¹ and held isothermal for 15 min (for HP-101 column). Carrier gas was helium, flow rate: 1 mL min⁻¹; injector temperature: 250 °C; volume injected: 1 μ L; split ratio: 1/50. MS conditions: ionization voltage: 70 eV; ion source temperature: 280 °C; mass range: 30–300 mass units.

Qualitative and Quantitative Determination

Individual peaks were identified by comparison of their retention indices to those of authentic samples, as well as by comparing their mass spectra with the Wiley 6.0 library (Wiley, New York) and NIST98 (National Institute of Standards and Technology, Gaithersburg) mass spectral database and literature.^{17,18} The percentage composition of the

TABLE I. Volatile compounds from evergreen candytuft (*Iberis sempervirens* L.)

	Identified compounds	I ^(a) %	I ^(b) %	I ^(c) %	Mode of identification
1.	(<i>E</i>)-2-hexenal	–	2.2	–	–, I ₂ , MS
2.	2-ethyl thiophene	–	0.7	–	I ₁ , –, MS
3.	pyridine	–	tr	–	I ₁ , –, MS
4.	(<i>Z</i>)-3-hexene-1-ol	–	17.2	–	I ₁ , I ₂ , MS
5.	(<i>E</i>)-2-hexene-1-ol	–	3.1	–	I ₁ , –, MS
6.	allyl isothiocyanate	4.0	6.6	5.8	I ₁ , I ₂ , MS
7.	butyl isothiocyanate	0.2	0.4	tr	I ₁ , I ₂ , MS
8.	3-butenyl isothiocyanate	63.3	17.4	48.2	I ₁ , I ₂ , MS
9.	phenyl acetaldehyde	tr	tr	1.0	I ₁ , I ₂ , MS
10.	4-methyl thiobutanonitrile	4.8	6.9	6.6	I ₁ , I ₂ , MS
11.	2-butenyl isothiocyanate*	–	6.2	–	–, –, MS
12.	phenyl acetonitrile	1.0	1.6	2.3	I ₁ , I ₂ , MS
13.	4-pentenyl isothiocyanate	0.8	1.0	0.1	I ₁ , I ₂ , MS
14.	5-methyl thiopentanonitrile	4.9	2.2	9.5	I ₁ , I ₂ , MS
15.	1-cyano-4,5-epithiopentane	0.7	1.4	0.9	I ₁ , I ₂ , MS
16.	β -cyclocitral	0.1	0.3	–	I ₁ , I ₂ , MS
17.	phenyl propanonitrile	0.6	0.5	1.7	I ₁ , I ₂ , MS
18.	<i>trans</i> -anethole	–	0.1	–	I ₁ , I ₂ , MS
19.	3-methyl thiopropyl isothiocyanate	3.4	1.3	1.9	I ₁ , I ₂ , MS
20.	benzyl isothiocyanate	0.2	0.1	–	I ₁ , I ₂ , MS
21.	4-vinyl guaiacol	–	0.5	–	I ₁ , I ₂ , MS
22.	<i>trans</i> - β -damascenone	–	0.2	–	I ₁ , I ₂ , MS
23.	eugenol	–	0.8	–	I ₁ , I ₂ , MS
24.	4-methyl thiobutyl isothiocyanate	6.2	–	2.9	I ₁ , I ₂ , MS
25.	1 <i>H</i> -indole	–	0.1	–	I ₁ , I ₂ , MS
26.	2-phenyl ethyl isothiocyanate	0.3	0.2	0.7	I ₁ , I ₂ , MS
27.	β -ionone	–	0.3	0.7	I ₁ , I ₂ , MS
28.	2,6-dimethylbenzaldehyde	–	0.1	–	I ₁ , I ₂ , MS
29.	lauric acid	–	0.8	0.8	I ₁ , I ₂ , MS
30.	myristic acid	–	0.3	–	I ₁ , I ₂ , MS
31.	2,6,10-trimethylneophytadiene	–	0.1	–	I ₁ , I ₂ , MS
32.	α -gurjunene	0.1	0.2	–	I ₁ , I ₂ , MS
33.	ethyl palmitate	0.1	0.9	–	I ₁ , I ₂ , MS
34.	palmitic acid	0.7	12.2	–	I ₁ , I ₂ , MS
35.	methyl linoleate	–	2.3	–	I ₁ , I ₂ , MS
36.	methyl linolenate	–	2.8	–	I ₁ , I ₂ , MS
37.	phytol	0.8	3.0	1.0	I ₁ , I ₂ , MS
38.	heneicosane	0.5	–	6.6	I ₁ , I ₂ , MS
39.	linoleic acid	–	0.5	–	I ₁ , I ₂ , MS
Total identified		92.7	94.1	90.7	
Yield / mg kg ⁻¹		828	426	1200	

Plant material and Isolation Methods

^(a)fresh plant material-Likens Nickerson method^(b)fresh plant material-autolysis-Likens Nickerson method^(c)dried plant material-Likens Nickerson method

Identification methods

I₁: retention indices on HP-20M; I₂: retention indices on HP-101; MS: mass spectra; tr: trace (< 0.1 %); –: not detected; *: correct isomer not identified

accessory components. Some of them were identified among the *O*-aglycones. (*E*)-2-Hexenal, (*Z*)-3-hexene-1-ol and (*E*)-2-hexene-1-ol, which are identified only in the volatile fraction obtained from fresh plant material after autolysis, are compounds formed after damage of plant tissue. Palmitic, lauric, linoleic, linolenic, myristic acids and their esters are mainly present in this fraction with the highest percentage. Aliphatic volatile compounds (alcohols, aldehydes, acids and their esters) can originate from fatty acid catabolism.^{19–20} Eugenol, 4-vinyl guaiacol and *trans*-anethole are present only in the oil after autolysis. These aromatic compounds can originate from cinnamic acid catabolism.²⁰ Furthermore, phytol, β -cyclocitral, β -ionone originating by degradation of carotenoids present in evergreen candytuft.

O-aglycones

Isolated and purified *O*-glycosides were hydrolyzed by β -glucosidase and the liberated *O*-aglycones were analyzed by GC and GC-MS. Compounds with sulphur and nitrogen, which are characteristic of glucosinolate, were not identified among these compounds. The content of glycosidically bound volatile compounds in fresh plant material was 45.5 mg kg⁻¹. Nineteen aglycones were identified, representing 66.6 % of total volatile *O*-agly-

cones. Aliphatic alcohols, derivatives of phenyl propanes and C₁₃-norisoprenoides were identified. The results are shown in Table II. The main aglycones were: eugenol (15.2 %), 2-phenyl ethanol (12.9 %), 2-hydroxy- β -ionone (10.6 %), 2-*tert*-butyl-5-methylphenol (9.2 %) and methyl-2,5-dihydroxybenzoate (4.5 %). 3-Oxo- α -ionol, benzyl alcohol, (*Z*)-3-hexen-1-ol, *o*- and *p*-methyl benzyl alcohol and other compounds in lower percentages were identified as well. Many of these compounds were identified as the most common aglycones in many plants. Comparing the chemical composition of *O*-aglycones (Table II) with the essential oil obtained after autolysis (Table I, 1^(a)), they had only three identified compounds in common: eugenol, *cis*-3-hexene-1-ol and 1*H*-indole. These results show little correlation in the chemical composition of oil obtained after autolysis and volatile *O*-aglycones in this plant. The aglycones, such as eugenol, benzyl alcohol, 2-phenylethanol, aliphatic alcohols are ubiquitous in aglycone fractions of many plant families.¹³ Eugenol and other *p*-hydroxyphenylpropanes identified in many plants as the main aglycones can be connected with lignin biosynthesis *via* the peroxidase-hydrogen peroxide system according to Siegel.²¹ Aliphatic volatiles (alcohols, carbonyls, acids) can originate from fatty acid catabolism, and aromatic volatiles

TABLE II. Volatile *O*-aglycones from evergreen candytuft (*Iberis sempervirens* L.)

	Identified compound	Peak area %	Mode of identification
1.	(<i>Z</i>)-3-hexene-1-ol	1.5	I ₁ , I ₂ , MS
2.	benzaldehyde	0.4	–, I ₂ , MS
3.	α -methyl benzyl alcohol	0.4	I ₁ , –, MS
4.	benzyl alcohol	1.8	I ₁ , I ₂ , MS
5.	2-phenyl ethanol	12.9	I ₁ , I ₂ , MS
6.	<i>p</i> -methyl benzyl alcohol	1.3	–, I ₂ , MS
7.	<i>o</i> -methyl benzyl alcohol	0.5	–, I ₂ , MS
8.	2,4-dimethyl phenol	1.3	–, –, MS
9.	eugenol	15.2	I ₁ , I ₂ , MS
10.	4-hydroxy-3-methoxy-benzaldehyde	0.3	I ₁ , I ₂ , MS
11.	1 <i>H</i> -indole	1.3	I ₁ , I ₂ , MS
12.	3-hydroxy- β -damascone	1.4	I ₁ , –, MS
13.	1-naphtalenemethanol	0.4	–, I ₂ , MS
14.	2-naphtalenemethanol	0.6	–, I ₂ , MS
15.	3-oxo- α -ionol	2.6	I ₁ , I ₂ , MS
16.	zingeron	0.4	–, I ₂ , MS
17.	2-hydroxy- β -ionone	10.6	I ₁ , I ₂ , MS
18.	methyl-2,5-dihydroxybenzoate	4.5	–, I ₂ , MS
19.	2- <i>tert</i> -butyl-5-methyl phenol	9.2	–, I ₂ , MS
Total identified		66.6	
Yield / mg kg ⁻¹		45.5	

I₁: retention indices on HP-20M; I₂: retention indices on HP-101; MS: mass spectra; –: not detected

(alcohols, acids, carbonyls) from cinnamic acid catabolism.²⁰ This is the first investigation of volatile *O*-aglycones in cruciferous plants to date.

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SAŽETAK

Slobodni i vezani hlapljivi spojevi snješka (*Iberis sempervirens* L)

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Eterično ulje snješka, *Iberis sempervirens* (Brassicaceae) izolirano je simultanom vodenom destilacijom-ekstrakcijom i analizirano pomoću GC i GC-MS. Ulje je izolirano iz svježeg biljnog materijala prije i poslije autolize, te iz suhog biljnog materijala. Identificirani su izotiocijanati, nitrili alifatski alkoholi, karbonilni spojevi, masne kiseline, ugljikovodici, terpeni spojevi, C₁₃-norizoprenoidi i fenilpropanski derivati. Identificirano je tridesetdevet komponenata. Glavne komponente u svim uzorcima bile su: 3-butenil-izotiocijanat (17.4–63.3 %), 5-metiltiopentanonitril (2.2–9.5 %), 4-metiltiobutanonitril (4.8–6.9 %), alil-izotiocijanat (4.0–6.6 %), 4-metiltiobutil-izotiocijanat (2.9–6.2 %) i 3-metiltiopropil-izotiocijanat (1.3–3.4 %). Ulje izolirano poslije autolize je kompleksnijeg sastava od druga dva ulja, te sadrži veći broj spojeva. Neki od njih su identificirani u *O*-aglikonima kao eugenol, (*Z*)-3-heksene-1-ol, 1*H*-indol. *O*-glikozidi hlapljivih spojeva izolirani su iz svježeg biljnog materijala, a pročišćeni su selektivnom ekstrakcijom i kolonskom kromatografijom. Poslije hidrolize s β-glukozidazom oslobođeni hlapljivi aglikoni su također analizirani pomoću GC i GC-MS. Identificirano je devetnaest aglikona. Glavni aglikoni bili su: eugenol (15.2 %), 2-feniletanol (12.9 %), 2-hidroksi-β-jonon (10.6 %), 2-*tert*-butil-5-metilfenol (9.2 %) i metil-2,5-dihidroksibenzoat (4.5 %). Kemijski sastavi slobodnih i vezanih isparljivih spojeva snješka nisu do sada publicirani.