Instructions to authors

Authors are kindly asked to read the following instructions while preparing the manuscript for publishing in the journal *Food in health and disease*.

*Food in health and disease* is a scientific-professional journal of nutrition and dietetics, published by the Faculty of Pharmacy, University of Tuzla with Co-Publisher Faculty of Food Technology Osijek, Josip Juraj Strossmayer University of Osijek.

*Food in health and disease* publishes original scientific papers, preliminary communications, scientific notes, reviews and professional papers. All papers need to be written and submitted in English. All contributing manuscripts will be subjected to critical peer review.

Difference between scientific and professional papers is in the originality of methods, results and conclusions. Although a professional paper may imply more tangible applications it is generally not considered a new scientific contribution.

Original scientific papers report unpublished results of original research. They must contain significant and original observations to be critically evaluated. Experimental data should be presented in a way that enables reproduction and verification of analyses and deductions on which the conclusions are based.

Preliminary communications include short information on the results of scientific research which require immediate publication.

Scientific notes include reports on shorter but completed research or descriptions of original laboratory techniques (methods, apparatus etc.) and should be concise.

Reviews are original, critical and up-to-date surveys of an area in which, preferably, the author himself/herself is active. They should include recent references from international publications.

Professional papers present new possibilities of improvement within the area of food technology. The emphasis is on the application of known methods and facts as well as on broadening the knowledge in the particular area. The acquired knowledge is applied to the object of research.

Procedure

All contributions are evaluated according to criteria of originality and quality of their scientific and professional content. All manuscripts received for consideration will be acknowledged by the Editorial office. All manuscripts are sent to at least two referees. Based on their opinion, the Editor and the Editorial Board bring a decision about the acceptance of the manuscripts. Contributions may be rejected without reviewing if considered inappropriate for the journal.

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Manuscript preparation

The manuscript should consist of max. 15 type written pages including tables, graphs, schemes and photographs. It should be written with 1.5 spacing on one side of the paper and margins 2.5 cm. For the text should be used normal
plain font (Times New Roman, font size 12). The title of the manuscript and the title of the chapter should be short and written in bold. The title of subheading should be written in italic. Under the title, author/s full name/s and surname/s should be written, with asterisk next to the name of the corresponding author. Footnote at the bottom of the first page should contain information about the corresponding author (address and e-mail). The affiliations for all authors must be given in the following sequence: University/Institution, Faculty/Department, Postal address, City, Country. When authors have different affiliations, should be used superscripted Arabic numbers after last name of the author. Manuscript has to be written without spelling mistakes, impersonal style. It is the author’s responsibility to ensure that papers are written in clear and comprehensible English. Authors whose native language is not English are strongly advised to have their manuscripts checked by an English-speaking colleague prior to submission. The first word in the paragraph must not be retracted. Paragraphs have to be separated by clicking on enter key. Pages have to be numerated (on the bottom right). For decimal numbers in text and tables dot should be used. Latin words, phrases and abbreviations, including generic and specific names, should be written in italic.

Manuscripts should be submitted by e-mail, as attached document, and/or by mail, on CD-ROM, to the Editor’s office. The manuscripts should be sent to the following address:

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For clearrness the paper should be divided into the following sections: Summary, Keywords, Introduction, Materials and Methods, Results and Discussion, Conclusions and References.

Summary

Summary must not exceed 300 words and has to show relevant data, methodology, main results and conclusion. It should not contain abbreviations or references. After summary, authors are asked to list several keywords.

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Keywords include the main topic of the paper and should not contain more than 5 words or phrases, which should be separated by commas.

Introduction

Introduction should refer to previous research results and explain the purpose of the investigations.

Materials and methods

Experimental part should be written clearly and in sufficient detail to allow the work to be repeated. Materials and Methods should indicate instruments, samples, subjects, chemicals, etc., giving enough details only if new methods and/or procedures and/or principles are used. For the well-known methods and techniques an adequate reference(s) citation will suffice.
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The information given in tables and figures should not be repeated, and only relevant data discussed and explained. Combining the results with discussion can simplify the presentation.

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Conclusions have to briefly explain significance of the research results.

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