Relevant text should be inserted below. All authors must sign this statement.

**Manuscript title:**

|  |
| --- |
|  |

**Authors (in relevant order) and affiliations:**

|  |
| --- |
|  |

|  |
| --- |
|  |

**Corresponding author:**

|  |
| --- |
|  |

**Proposed article type:**

**Proposed research field** – preferably choose one of the following:

sport and sport activities, physical education, recreation / leisure, kinesiological anthropology, training methods, sports medicine and physiology of sport, biomechanics, history of sport

|  |
| --- |
|  |

**Authors’ contributions:** Please insert here the contribution each author made to the manuscript—e.g., literature search, figures, study design, data collection, data analysis, data interpretation, writing etc. If all authors contributed equally, please state this.

|  |
| --- |
|  |

**Submission declaration:** All authors state that the manuscript submitted is unpublished and original;that another person’s ideas, processes, results, or words are appropriately credited and that no fabrication or falsifications have been made. The paper has not been published previously or has been taken for consideration for publication elsewhere. If accepted for publication in *Kinesiology*, it will not be published elsewhere without the written permission of the Editor in-Chief.

|  |  |
| --- | --- |
|  | **YES** |
|  | **NO** |

**Research integrity:** All authors state that they conform to standards of research integrity and to avoid scientific misconduct, esp. falsification, fabrication, plagiarism.Also, if applicable, authors state that the experimental work conforms to the highest standards of safety and ethics, and to the laws of the country in which the work took place; when reporting research involving human data, authors should indicate whether the procedures followed have been assessed by the responsible review committee (institutional and national), or if no formal ethics committee is available, were in accordance with the Helsinki Declaration as revised in 2013; the informed consent of all humans participating in the research has been obtained.

|  |  |
| --- | --- |
|  | **YES** |
|  | **NO** |

|  |  |
| --- | --- |
|  | **responsible review committee (please, state which)** |
|  | **Helsinki Declaration** |

**Role of the funding source and conflict of interest:** Please disclose any funding sources and their role, if any, in the writing of the manuscript or the decision to submit it for publication. Please also comment whether you have been paid to write this article by a pharmaceutical or any other company or agency. Please indicate that the corresponding author had full access to all the data in the study and had final responsibility for the decision to submit for publication.

If there is no conflict of interest and data availability has been ensured, please simply state: Authors declare no conflict of interest and availability to all research data.

|  |
| --- |
|  |

Acknowledgment (corresponding author only). All persons who have made substantial contributions to the work reported in the manuscript, including those who provided editing and writing assistance but who are not authors, are named in the Acknowledgment section of the manuscript and have given me their written permission to be named. If the manuscript does not include an Acknowledgment as submitted, it is because the authors have not received substantial contributions from nonauthors.

**Copyright agreement**

All authors agree that the paper, if accepted for publication, shall be licensed under the [CC BY-NC 4.0](https://creativecommons.org/licenses/by-nc/4.0/)

All authors transfer copyright to the Publisher.

All authors confirm above mentioned with their signature (add rows as necessary).

Title and name……………………………………………….. Signature…………………………………… Date …………………….