Instructions to authors

Authors are kindly asked to read the following instructions while preparing the manuscript for publishing in the journal *Food in health and disease*.

*Food in health and disease* is a scientific-professional journal of nutrition and dietetics, published by the Faculty of Pharmacy, University of Tuzla with Co-Publisher Faculty of Food Technology Osijek, Josip Juraj Strossmayer University of Osijek.

*Food in health and disease* publishes *original scientific papers, preliminary communications, scientific notes, reviews and professional papers*. All papers need to be written and submitted in English. All contributing manuscripts will be subjected to critical peer review.

Difference between scientific and professional papers is in the originality of methods, results and conclusions. Although a professional paper may imply more tangible applications it is generally not considered a new scientific contribution.

*Original scientific papers* report unpublished results of original research. They must contain significant and original observations to be critically evaluated. Experimental data should be presented in a way that enables reproduction and verification of analyses and deductions on which the conclusions are based.

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*Professional papers* present new possibilities of improvement within the area of food technology. The emphasis is on the application of known methods and facts as well as on broadening the knowledge in the particular area. The acquired knowledge is applied to the object of research.

**Procedure**

All contributions are evaluated according to criteria of originality and quality of their scientific and professional content. All manuscripts received for consideration will be acknowledged by the Editorial office. All manuscripts are sent to at least two referees. Based on their opinion, the Editor and the Editorial Board bring a decision about the acceptance of the manuscripts. Contributions may be rejected without reviewing if considered inappropriate for the journal.

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**Manuscript preparation**

The manuscript should consist of max. 15 type written pages including tables, graphs, schemes and photographs. It should be written with 1.5 spacing on one side of the paper and margins 2.5 cm. For the text should be used normal
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Manuscripts should be submitted by e-mail, as attached document, and/or by mail, on CD-ROM, to the Editor’s office. The manuscripts should be sent to the following address:

Josip Juraj Strossmayer University of Osijek
Faculty of Food Technology Osijek
Franje Kuhaca 18, HR-31000 Osijek, Croatia
Phone: ++385 (0)31 224 383; Fax.: ++385 (0)31 207 115
e-mail address: ivana.laus@ptfos.hr

Faculty of Technology
University of Tuzla
Univerzitetska 8, 75000 Tuzla, Bosnia and Herzegovina
Phone: +387 35 320 745; Fax.: +387 35 320 740
e-mail address: midhat.jasic@untz.ba

For clearness the paper should be divided into the following sections: Summary, Keywords, Introduction, Materials and Methods, Results and Discussion, Conclusions and References.

Summary

Summary must not exceed 300 words and has to show relevant data, methodology, main results and conclusion. It should not contain abbreviations or references. After summary, authors are asked to list several keywords.

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Keywords include the main topic of the paper and should not contain more than 5 words or phrases, which should be separated by commas.

Introduction

Introduction should refer to previous research results and explain the purpose of the investigations.

Materials and methods

Experimental part should be written clearly and in sufficient detail to allow the work to be repeated. Materials and Methods should indicate instruments, samples, subjects, chemicals, etc., giving enough details only if new methods and/or procedures and/or principles are used. For the well-known methods and techniques an adequate reference(s) citation will suffice.
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The information given in tables and figures should not be repeated, and only relevant data discussed and explained. Combining the results with discussion can simplify the presentation. Tables and figures should be completely understandable without reference to the text. For publishing reasons, they have to be delivered in graphical formats (*.xls, *.tif or *.jpg) and at the end of the paper. All illustrations (graphs, schemes, diagrams, pictures, etc.) should be named as figures. Refer to figures by the abbreviation "Fig.". All figures and tables should be cited in the text and numbered consecutively throughout. Preferred program for preparing figures and tables is Microsoft Office Excel. Be sure to use lettering, data lines, and symbols sufficiently large and thick to be clearly legible when the figure is reduced to the normal published size. In graphs and charts, curves should be identified by using different symbols for points (●, ○, □, ■, ▲, etc.) and not by line width or colour. Several figures should be grouped in a plate on one page. Do not place figures into bordered frames. Figure caption and legend should be placed at the bottom of each figure, while table headings should appear above the tables. The text into the figures and tables should be written in the same language as the body text. Whenever possible formulae and equations are to be written in one line, centred on the page, and consecutively numbered in Arabic numbers between round brackets at the right margin of the paper. Refer to equations by the abbreviation "Eq.".

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Conclusions have to briefly explain significance of the research results.

References

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